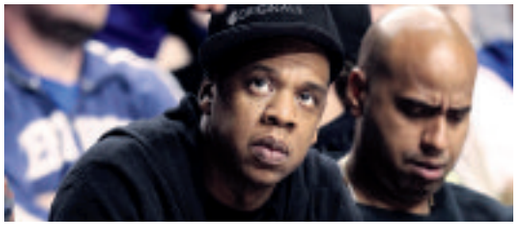
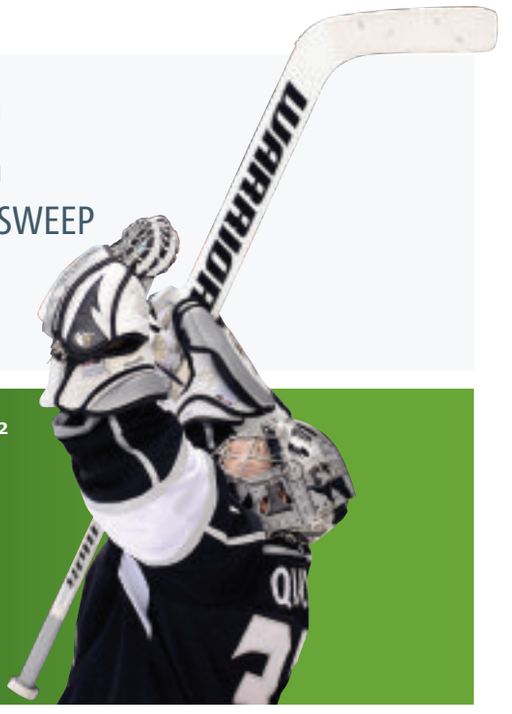


Silver spoon battle for Jay-Z

"I'll probably have the worst, spoiled little kid ever"
PAGE 11

KINGS RULE

L.A. MOVING ON IN NHL PLAYOFFS AS SWEEP HAS ST. LOUIS SINGING THE BLUES PAGE 21



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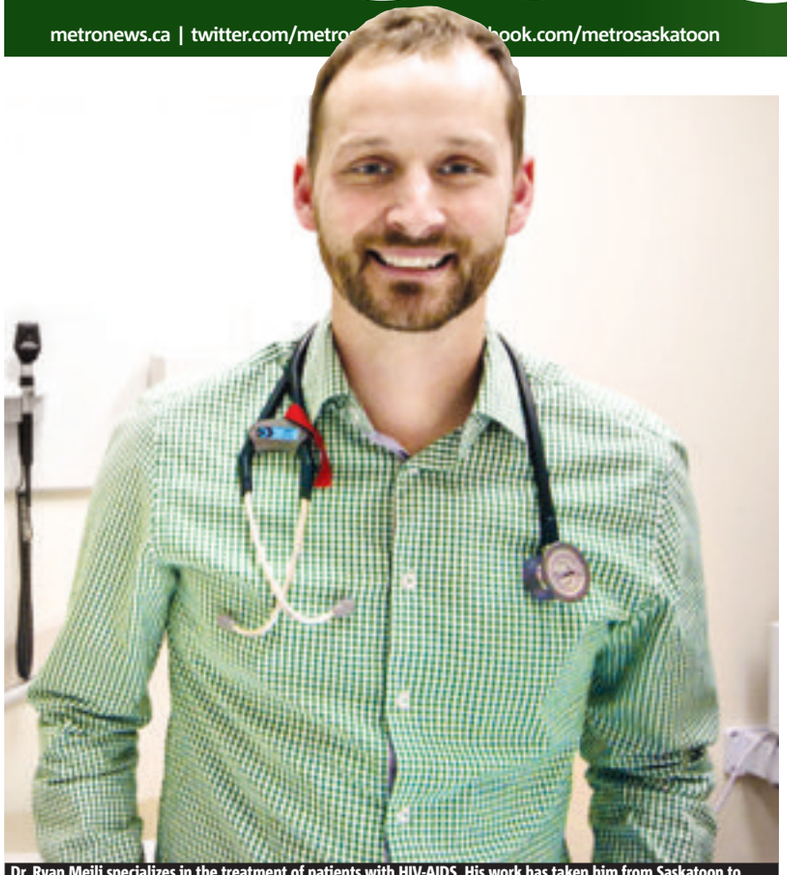
"Help us send a kid to camp" SEE US IN THE CAMP FEATURE PAGE 20

THRIFT STORE



Dr. Ryan Meili specializes in the treatment of patients with HIV-AIDS. His work has taken him from Saskatoon to Mozambique. CONTRIBUTED

Doctor calls for HIV-AIDS reform

Country stats.
Saskatchewan has the highest incidences of HIV in Canada

MORGAN MODJESKI
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A local doctor, specializing in the treatment of patients with HIV-AIDS, is making his case for political reform in a new book.

"I use the stories of patients that I've met through my experiences either at the WestSide clinic, Mozambique or in rural Saskatchewan, and I illustrate what could be done to actually keep people healthier," said Ryan Meili, a family doctor at the WestSide Community Clinic.

"It's the bigger-picture stuff around what political-system changes need to happen in order to have a healthier society."

Politics and Health

"So, to have any real impact on whether they (patients) continue to get sick, there needs to be some engagement in what's happening at the political level."

Dr. Ryan Meili, on the link between political reform and a healthy society

Meili said his book, A Healthy Society, examines how the "determinants of health," should be what guides politicians, saying income, education, housing and employment all play a role in building a healthy society. "It's far more about reimagining how we do politics and using health — and the concept of the determinants of health as the key element of reimagining that," said Meili. "Where the patient stories are coming in, is they bring to life what's happening when that's working well — they're stories of success, but also where we're failing people."

Meili said even though he loves his job, he often feels frustrated.

"I see people coming in over and over with the same problems.... They don't get sick when they come see me, they don't get sick just incidentally; they get sick because of where they live, how they eat, what kind of money they're making and what kind of educational background they have," said Meili. "So, to have any real impact on whether they continue to get sick, there needs to be some engagement in what's happening at the political level."

Meili's book was made available in April, but the official launch is on May 24 at Caffe Sola.

Follow Morgan Modjeski on Twitter @morganmodjeski

Power shift in France

Francois Hollande is the nation's new president, ousting Nicolas Sarkozy PAGE 6

Cold shoulder for stadium

Columnist Paul Sullivan rants about Regina's proposed open-air stadium PAGE 8

Rap maverick mourned

Remembering Beastie Boy Adam Yauch, who died of cancer on Friday PAGE 9

One trendy gender bender

Expectant parents can share the joyous news with a gender-reveal party PAGE 15

Mixing tart and smooth

Avocados and raspberries make this light and creamy raspberry semifreddo PAGE 16

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NEWS

On the web

Tour the Family Guy's town

Quahog, R.I., the fictional hometown of Peter Griffin and his dysfunctional Family Guy relatives, is coming to life. A local tourism council is sponsoring an all-day tour highlighting the Rhode Island institutions made popular by the hit series including, of course, a stop at The Drunken Clam. Go to metronews.ca for more.

Reverse psychology behind the wheel

With more than one million traffic accidents worldwide caused by texting and driving, campaigns against it have been popping up around the globe. A Belgium driving school has figured out one way to stop youth from texting and driving: Tell them they have to do it. Watch the experiment at metronews.ca.

Mobile news

Test-tube babies have higher rates of birth defects, and doctors have long wondered: Is it because of certain fertility treatments or infertility itself? A large new study from Australia suggests both may play a role. Scan for the story.

Leadership convention

New provincial NDP head to be chosen in 2013

The leader of the Saskatchewan New Democrat Party will be decided in Saskatoon when the NDP hosts its leadership convention here on March 9, 2013.

"We're looking forward to an exciting weekend in Saskatoon next March," said Deb Higgins, chair of the leadership contest committee, in a release. "We expect a diverse field of candidates, thoughtful speeches and lots of energy on the floor."

The campaign period starts Sept. 4 and forums in various locations throughout the province will be held in the fall and early winter months.

METRO

Amnesty International

Protesters rally for Iranian-Canadian facing execution

Members of Amnesty International's Saskatchewan branch were protesting the potential execution of Hamid Ghassemi-Shall, an Iranian-Canadian citizen, over the weekend outside of the Bessborough Hotel, report local media.

Members from Saskatoon, Regina and Moose Jaw were supporting a "campaign call" that AI says would help Ghassemi-Shall get justice.

The group has organized a "travelling scrapbook" to create awareness about the campaign and is encouraging members and the public to write to Iranian authorities in protest.

METRO

Items stolen

Police probe break-ins

Police are investigating a series of break-ins that occurred at two senior residential buildings in the early hours of May 1 and 2, the first in the 2500 block of Louise Street and the second in the 1800 block of McKercher Drive. METRO

Local headed to G20 Young Entrepreneurs Summit

Making connections. Saskatoon man chosen to represent province at summit in Mexico City next month

JANE CAULFIELD
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Saskatoon's Bryan McCrae, 25, first made waves in the business world when he, along with his two business partners in 3twenty Solutions Inc., scored a successful deal on Dragons' Den.

Now, he's been hand-selected to represent Saskatchewan at the G20 Young Entrepreneurs Summit (YES) in Mexico City from June 3 to 5.

"I'm really excited," McCrae said. "It's an opportunity to network with other young entrepreneurs from Canada and from around the world."

McCrae is one of 22 Canadian delegates attending the summit. He is the only representative from Saskatchewan.

"In Saskatchewan we've got resources and we've got people. And as we grow, we have to place an emphasis on business," said McCrae. "Through building relationships with my colleagues at the summit, we can grow the world in the right direction.

"Young entrepreneurs are a key catalyst in taking on some of the world's major issues like hunger and poverty."

The summit allows young business leaders from all G20 countries a chance to discuss issues and collaborate and brainstorm new ideas about how governments and businesses can better support young entrepreneurs.

Vivian Prokop, chief executive officer of the Canadian Youth Business Foundation and founding chair of the G20 Young Entrepreneurs Alliance, said that the delegates were selected to accurately represent the voice of young entrepreneurs in Canada.

"They are all mavericks — passionate about innovation, entrepreneurial leadership and building the strongest possible culture of entrepreneurship in Canada," said Prokop.

"They will wow the world at the G20 YES in Mexico City and will return with indispensable international connections and a fresh perspective on entrepreneurial innovation."

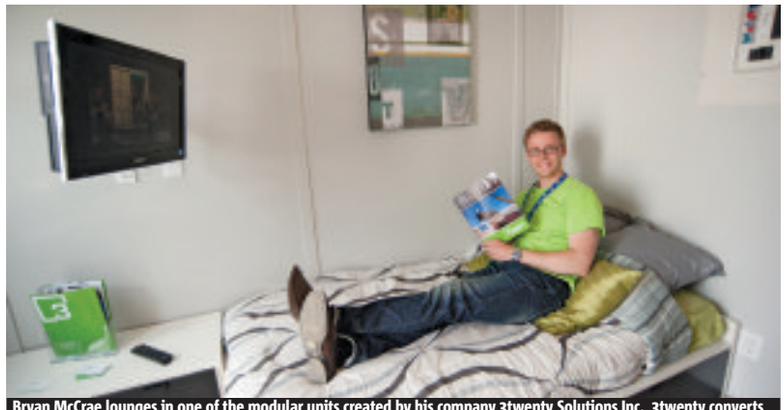
McCrae says that he hopes to "bring back a global perspective on how other G20 countries see entrepreneurship as a solution to stimulate economic activity."

This is the fourth international G20 Young Entrepreneurs Summit and it's happening just before the 2012 G20 Summit on June 18 and 19 in Los Cabos, Mexico.

International scope

The G20 Young Entrepreneurs Summit was founded by the Canadian Youth Business Foundation in 2010.

- The first summit hosted more than 200 business leaders from around the world. This year they are expecting more than 400.
- The G20 Young Entrepreneurs Alliance was formed in 2010 at the inaugural G20 YES.



Bryan McCrae lounges in one of the modular units created by his company 3twenty Solutions Inc. 3twenty converts cargo containers into office space or living quarters. CONTRIBUTED

Fundraiser. Protest strip show a success: Organizers

Despite a lower turnout than expected, organizers of Naked If I Want say the event was a success.

The strip show, protesting a provincial law that prohibits serving liquor in conjunction with nude entertainment in licensed premises, raised more than $850 for the 2012 Saskatoon Consent Fest and Slut Walk.

"It went quite well," said event organizer Devin Ens. "Everyone was shaking our hands and telling us they had a good time."

Approximately 60 people showed up for the event, which featured 16 local burlesque, drag and exotic performers.

"It was great," said attendee Carolyn Gundry-Siemens.

"But I definitely wanted to have a beer," she added while laughing.

Organizers say that it is likely similar events will be happening in the future.

JANE CAULFIELD/METRO

Dancers from Friday night's show. JANE CAULFIELD/METRO

New film-tax plan will fail, industry says

Members of the Saskatchewan film industry are raising concerns over a revised provincial tax-credit plan, with some saying it just won't work.

On Friday, Tourism, Parks, Culture and Sport Minister Bill Hutchinson announced that the ministry would offer a 25 per cent, non-refundable tax credit on all production expenses, including labour costs.

The plan also includes bonuses for homegrown copyright creation and would see the Canadian-Saskatchewan Production studio reconfigured to become a hub for a number of different creative industries, including digital production.

Leaslea Mair is a documentary film producer and CEO of Regina's Zoot films. "A non-refundable tax credit simply won't work," she says.

Quoted

"This new plan is based upon a non-refundable tax-credit program, which has not been successful in other jurisdictions."

Ron Goetz, president of SMPIA

"Most television and film companies ... don't operate with a great big profit at the end of the year. So there really isn't a huge tax bill."

Brett Carson Bell, a Regina filmmaker and instructor at the U of R, says that the industry relies on interim financing, a guarantee of funds by agencies like SaskFilm. A producer can then take that guarantee to the bank for a line of credit. It's how producers fund the high costs of filming but, says Bell, that will not be possible if this plan goes through.

"You basically get it back in terms of paying less corporate income tax," says Bell, "which you can't take to the bank."

Ron Goetz, president of the Saskatchewan Media Production Industry Association (SMPIA), says that though they are waiting for more information on the plan, what they know so far is cause for concern.

"In researching alternative models," an SMPIA document that was presented to the government states, "the committee looked at non-refundable, transferable tax credits and how they were structured. The advice of Canadian experts was that these models would not work in Saskatchewan."

CARRIE-MAY SIGGINS/METRO

Huskies quarterback rundown:

Jahlani Gilbert-Knorren

Quoted:

"I can keep plays alive with my feet."

Gilbert-Knorren played eight games for the Huskies in 2011. He completed 71 of 150 pass attempts for four touchdowns and 916 yards, while also collecting 292 rushing yards on 46 carries for three touchdowns last season.

He has explosive ability and the capacity to be creative. "Maybe I don't have the best arm compared to (Drew Burko and Chase Bradshaw), but I can throw the ball and I create plays," said Gilbert-Knorren.

The competitive atmosphere kept him on his toes during last weekend's spring training camp.

Drew Burko

A CIS rookie, Burko is looking to clinch the Huskies starting quarterback spot this season.

"There's a lot of competition for me. It's great — everyone is friendly. We all know each other now. It's friendly competition," said Burko.

Originally from Saskatoon, Burko started in three consecutive seasons for the Aden Bowman Bears high school football team prior to joining the Huskies. Burko also suited up for Team Saskatchewan in 2010.

At six-foot-four and 205 pounds, Burko's Ben Roethlisberger-like stature will be an asset. Burko is looking to improve his footwork in the pocket, as well as improving his passing accuracy.

Chase Bradshaw

Coming off consecutive Canadian Bowl victories with the Saskatoon Hilltops, Bradshaw's championship experience in the Canadian Junior Football League could make him a clutch player for the Huskies.

"I think what I benefit from is my competitive nature. I find I really elevate my game once we get into game situations. I can draw from past experience and it helps me," said Bradshaw.

Becoming familiar with the Huskies playbook is the biggest challenge facing Bradshaw.

DORIAN GEIGER/METRO

Huskie hopefuls didn't let the rain faze them during the CIS team's annual spring training camp at Griffiths Stadium on May 6. DORIAN GEIGER/METRO

Drizzly day doesn't keep Dogs down

Training. Huskies football team concludes spring camp

DORIAN GEIGER
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The University of Saskatchewan Huskies football team wrapped up its annual spring training camp Sunday amidst one of the biggest downpours Saskatoon has witnessed this year.

Head coach Brian Towriss lamented the weekend weather but remained confident that his coaching staff had a good grasp on player evaluations leading up to the camp's conclusion.

"You can deal with the water but when you have water and wind, it's going to be tough. We've had a good camp. We've seen what we needed to see," said Towriss.

Towriss became Canadian Interuniversity Sport's most winningest coach in league history in 2011 and is heading into his 31st consecutive season with the Green and White. He will enter the 2012 Canada West campaign with a 138-77-1 all-time record.

A handful of former Saskatoon Hilltops products, including quarterback Drew Burko, left guard Lane Bryska, linebacker Corbin Eskelson and halfback Braxton Lawrence, made a showing at the Huskies camp. Towriss was pleased with these CIS rookies' performances.

"Braxton Lawrence has been very good in the secondary, which we expected him to be being a Hilltop kid. Those guys have been real good," said Towriss.

Possibly the largest task on Towriss' hands is selecting a go-to starter in the quarterback position. Currently there are five players vying for the position. These players include Jahlani Gilbert-Knorren, Drew Burko, Chase Bradshaw, Parker Siemens and Matt Bonaca.

"Burko has been very good. Chase Bradshaw has been out here throwing the ball pretty well too at times. Burko is calm, collected and makes the right decisions."

Edmonton native Gilbert-Knorren was the Huskies starting slinger in 2011, splitting starts with former Huskie Trent Peterson for the full-time quarterback position.

This time around Gilbert-Knorren has his work cut out for him, as the level of competition for his job has been turned up a notch with the additions of Burko and Bradshaw.

"He (Gilbert-Knorren) has been hit and miss. He does what he does. He runs the ball, he can take off and make stuff happen and he makes a couple great throws. Consistency is his issue and we're continuing to evaluate that as we go, as well," said Towriss.

Roughly 100 prospective players attended the four-day camp with Towriss and crew narrowing down the roster to about 75 players following yesterday's cuts.

Opener

The Huskies will kick off their CIS pre-season at home on Aug. 24 against the Guelph Gryphons

Co-captain Dylan Kemp is in search of a third consecutive Canadian Bowl victory. DORIAN GEIGER/METRO

Nationals. Hilltops prepare to defend title

One-hundred-twenty players braved the weather to strut their stuff at the Saskatoon Hilltops spring training camp at Griffiths Stadium Sunday.

"We had a lot of outstanding prospects from all around this big province of Saskatchewan and we were very pleased with their effort and intensity," said head coach Tom Sargeant. "Forget about the weather — we just had a lot of fun. Kids were making plays."

Following the camp, Sargeant said his coaching staff will be cutting roughly 40 players to bring down the roster to about 75 players. Sargeant noted the selection process was the most difficult part of the weekend. "It was a tough day for our coaches. We had to make a few decisions in terms of who's staying and who's leaving. But at the end of the day in 2012, we're going to have an excellent football team."

The Hilltops alumni game will unfold on Aug. 3 in Saskatoon, with the team's season opener firing up at Gordie Howe Bowl on Aug. 8 versus the Calgary Colts. The Hilltops will look to secure a third consecutive Canadian Junior Football League title following Canadian Bowl victories in 2010 and 2011. **DORIAN GEIGER/METRO**

Concealment of Identity Act. Conservatives take aim at disguised rioters

Conservative MPs are hoping to unmask rioters with a bill that will make wearing a disguise at a riot or "unlawful protest" a criminal offence punishable by up to five years in jail.

Attorney General Rob Nicholson announced Sunday the government is supporting a private member's bill brought forward by Alberta MP Blake Richards, called the Concealment of Identity Act.

"Canada's justice system must not put the rights of criminals ahead of the rights of law-abiding citizens," said Richards. "The Concealment of Identity Act would give police the tools they need to identify offenders who cause damage to this country's neighbourhoods."

Taking part in a riot is currently an offence with a maximum jail sentence of two years.

Wearing "a mask or other disguise" will increase that maximum sentence to five years, if the bill is passed.

The bill also applies to unlawful assemblies, which are defined as gatherings that don't turn into riots, but do cause people to fear. In that case, masked participants could face six months in jail. JESSICA SMITH/METRO

Homicide. Track worker found dead in stable area of Churchill Downs

Authorities say a man who may have been killed and whose body was found early Sunday in a barn at Churchill Downs hours after the Kentucky Derby worked at the racetrack.

The victim was identified Sunday as 48-year-old Adan Fabian Perez, a Guatemala native, according to Jo-Ann Farmer, chief deputy coroner for Jefferson County.

Farmer said he was identified by his 19-year-old son, who also works at the track.

"There's a suspicion of foul play," Farmer said Sunday evening. An autopsy is scheduled for Monday.

Louisville Metro Police say the death is being investigated as a homicide, but that there appears to be no connection to the track.

"At this point we don't have anything pointing to the fact that this had any association with Churchill Downs or the Derby itself," said Alicia Smiley, spokeswoman for Louisville Metro Police. "We are still investigating at the stables and at the barn."

Smiley said that the victim "did sustain injuries that lead us to believe he was involved in some type of altercation."

"Our investigation is ongoing as to why he would have specifically been at this location," Smiley said.

She said Sunday evening that police "still do not have suspect information at this point."

Farmer said the victim resided at the track's quarters for workers, but at a different location than where he was found. THE ASSOCIATED PRESS

Famed Louisville track

The body was found at the back of a barn occupied by Louisville trainer Angel Montano Sr. He did not have a horse running Saturday.

- Montano's barn is just four away — about 150 yards — from where this year's Derby winner, Canadian-owned I'll Have Another, is kept.
- About a week after last year's Kentucky Derby, jockey Michael Baze's body was found in a vehicle near the stables. His death was ruled an accidental drug overdose.

Kamloops, B.C.

50 treated for carbon monoxide poisoning at hockey game

About 50 people have been treated for carbon monoxide poisoning following a hockey game at a private arena in B.C.'s Interior.

The incident happened Saturday during a game between members of the Canadian Coast Guard and Department of Fisheries and Oceans in Kamloops.

Only three patients remained in hospital into the morning on Sunday, while the rest were treated and released.

A boiler was the cause of the problem.

It has now been turned off and is being repaired. THE CANADIAN PRESS

Mental Health Awareness Week kicks off today

Arthur Gallant. Hopes to use his experience to inspire others during online chat on Wednesday at facebook.com/cmha.ontario

DAVE BAXTER
saskatoon@metronews.ca

Arthur Gallant, who suffers from clinical anxiety and depression, says he talks about his mental illness in an effort to open people's minds. METRO

Arthur Gallant says his entire life has been shaped by mental illness.

"I have not really known a life without depression," said Gallant, 22, from Burlington, Ont., who suffers from clinical anxiety and depression. "It's a part of who I am."

With Mental Health Awareness Week kicking off today, Gallant has chosen to use his experiences to help inspire others who may be suffering with similar problems, but don't feel comfortable coming forward.

Gallant, who advocates for the rights of children and youth to receive mental-health services, said he wants people to know that just because mental illness is not a visible ailment does not mean that it is not a real disease.

"Nobody can see the pain on the inside. I wish people who doubt me would walk a day in my shoes."

Though he believes society's attitudes toward those with mental illness started to improve in the early part of the last decade, technology has now stalled those improvements.

"Social media has made it worse," he said. "I started taking to social media to share my state of mind and I lost friends. They thought I was a psycho when really it was a cry for help."

However, he's not giving up. Gallant credits a strong support system in helping him battle his disease and is hoping to provide that support to others while fighting stigma through a live online video chat Wednesday on the Canadian Mental Health Awareness Ontario Facebook page.

Gallant expects as many as 20,000 will join in.

"I want to use my story to create a better world."

On the web

For more coverage on Mental Health Awareness Week, go to metronews.ca or mentalhealthweek.ca.

- Watch a mini-documentary on Arthur Gallant and his battle with depression; Peter Coleridge, national CEO of the Canadian Mental Health Association, dispels myths.

Rainbow flag carried for Halifax activist beaten to death

Daniel MacKay carries a rainbow flag with messages for Raymond Taavel at a parade, prior to a public memorial service for Taavel at St. Matthew's United Church in Halifax on Sunday. About 200 people gathered to attend the memorial service for the 49-year-old Taavel, a prominent gay activist who was beaten to death outside a Halifax bar last month.

RYAN TAPLIN/THE CANADIAN PRESS

End in sight in tuition war

Quebec Premier Jean Charest is blaming the province's striking students for a months-long stalemate that only now appears to be on the verge of a resolution.

A potential deal, struck Saturday after a marathon bargaining session, is being hailed by student leaders as "the beginning of the end" of a conflict that has grown increasingly contentious.

Close to one-third of Quebec's university students have been on strike for 81 days, protesting what was initially a 75 per cent hike in their tuition fees.

But the abruptness with which the deal was reached has led to questions about why the government waited as long as it did to sit down with the students.

Charest defended his government's handling of the strike on Sunday, saying its openness toward the students wasn't always reciprocal.

After students sat down with government representatives they emerged with an offer that would see proposed tuition hikes of $1,778 over seven years compensated with cuts to other fees.

The breakthrough came after students had turned down several offers.

In the short term, students will receive a $127 discount in their ancillary university fees for the fall term.

They will then have the chance to demonstrate that significant savings can be found in the administrative budgets of Quebec's universities. These savings will be used to sustain the fee reduction. THE CANADIAN PRESS

Tornado hits research hub near Tokyo

Natural disaster. Teenager dead, more than 30 injured as rare tornado hits city northeast of Tokyo

People inspect damage caused by a tornado in Tsukuba, Japan.
YOMIURI SHIMBUN/TETSU JOKO/THE ASSOCIATED PRESS

A tornado tore through a city northeast of Japan's capital on Sunday, killing one person, injuring dozens of others and destroying scores of houses.

Firefighters and medical teams rushed to the area after the tornado struck Tsukuba, 60 kilometres from Tokyo.

The city is a science centre, with dozens of research and academic institutes, but the tornado appeared to mostly hit residential areas.

A 14-year-old boy died after being injured by the storm, Tsukuba Medical Center said.

More than 30 other people were injured, including at least 10 who were being treated at hospitals, fire officials said. Details of the death and injuries were not immediately available.

Public broadcaster NHK showed rows of houses without roofs, apartment complexes with smashed balconies and shattered windows, and tilting telephone poles that could barely stand. They said about 200 homes were damaged.

Tokyo Electric Power Co. said 24,000 homes were without electricity as lightning added to the storm's damage.

Tornadoes are relatively rare in the Tokyo area.

THE ASSOCIATED PRESS

Georgia's true godfather

Babies are baptized at the Holy Trinity Cathedral in Tbilisi, Georgia, on Sunday. Many of the parents of the 400 babies baptized said Georgian Orthodox Church Patriarch Ilia II was instrumental in their decision to have a third or fourth child. SHAKH AIVAZOV/THE ASSOCIATED PRESS

Russians protest Putin inauguration

Opposition. More than 400 arrested on inauguration eve as angry demonstrators attempt to march on the Kremlin

A demonstration by at least 20,000 people on the eve of Vladimir Putin's inauguration as president turned into a battle with police Sunday after some protesters tried to split off from the approved venue and march to the Kremlin.

Club-wielding officers wearing helmets seized demonstrators and hauled them to police vehicles, dragging some by the hair, others by the neck. Several protesters were injured, including one man with blood dripping from his head down the left side of his face.

Three leaders of the opposition movement that gained new life over the winter were among those arrested: Sergei Udaltsov, Alexei Navalny and Boris Nemtsov.

More than 400 people were arrested, and Russia's chief investigative agency said it was considering filing criminal charges of inciting riots against some of them. Police reported that 12 riot police officers were injured.

Previous instalments of an unprecedented wave of protests that burst out after fraud-plagued parliamentary elections in December had been marked by fastidious order.

The crowds, sometimes as big as 100,000 or more, had carefully kept to agreed-upon meeting-places and routes, even making a point of thanking police who stood guard in vast numbers, but did not interfere.

THE ASSOCIATED PRESS

Afghanistan. U.S. army nurse dies while on Skype with his wife

A U.S. army nurse in Afghanistan showed no alarm or discomfort before suddenly collapsing during a Skype video chat with his wife, who saw a bullet hole in a closet behind him, his family said Sunday.

Capt. Bruce Kevin Clark's family released a statement describing what his wife saw in the video feed recording her husband's death.

"Clark was suddenly knocked forward," the statement said. "The closet behind him had a bullet hole in it. The other individuals, including a member of the military, who rushed to the home of CPT Clark's wife, also saw the hole and agreed it was a bullet hole."

The statement says the Skype link remained open for two hours on April 30 as family and friends in the U.S. and Afghanistan tried to get Clark help.

"After two hours and many frantic phone calls by Mrs. Clark, two military personnel arrived in the room and appeared to check his pulse, but provided no details about his condition to his wife," the statement said.

Casualty

- Capt. Bruce Kevin Clark's body was returned Thursday to Dover Air Force Base.
- He is survived by his wife and two daughters, aged 3 and 9.

The Pentagon has said the cause of Clark's death remains under investigation.

In the statement, Susan Orellana-Clark said she was providing details of what she saw "to honour my husband and dispel the inaccurate information and supposition promulgated by other parties."

Clark, 43, grew up in Michigan and previously lived in Spencerport, New York. He joined the army in 2006 and was stationed in Hawaii before he was assigned to the William Beaumont Army Medical Center in El Paso, Texas.

He deployed to Afghanistan in March.

THE ASSOCIATED PRESS

Parliament

Alcohol issues increasing among U.K. legislators, says speaker

An increasing number of U.K. lawmakers are seeking help for alcohol-related problems, the parliamentary speaker said Sunday, saying drinking problems among legislators mirrored those of British society at large.

Heavy subsidies on alcohol at Parliament's nearly 20 bars and restaurants had been removed following a drunken brawl in February.

In that incident, Labour party lawmaker Eric Joyce head-butted Stuart Andrew from the rival Conservative party.

He also assaulted two local Conservative officials and a Labour colleague at Parliament's Stranger's bar after complaining that there were "too many" Conservatives in the bar.

Joyce resigned from the Labour party the following month, saying that he "had a number of personal issues to address."

THE ASSOCIATED PRESS

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VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com.
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France elects socialist Hollande as new leader

Victory speech. 'You are a movement lifting up everywhere in Europe, and perhaps the world,' Francois Hollande says

France handed the presidency Sunday to leftist Francois Hollande, a champion of government stimulus programs who says the state should protect the downtrodden — a victory that could deal a death blow to the drive for austerity that has been the hallmark of Europe in recent years.

The president-elect inherits a country deep in debt and divided across racial and ethnic lines.

Hollande narrowly defeated the hard-driving, attention-getting Nicolas Sarkozy, an America-friendly leader who led France through its worst economic troubles since the Second World War but whose policies and personality proved too bitter for many voters to swallow.

Hollande will take office no later than May 16.

With 95 per cent of the vote counted, official results showed Hollande with 51.6 per cent of the vote compared with Sarkozy's 48.4 per cent, the interior ministry said. The turnout was a strong 81 per cent.

"Too many divisions, too many wounds, too many breakdowns and divides have separated our fellow citizens. This is over now," Hollande said in his victory speech.

"The foremost duty of the president of the Republic is to unite ... in order to face the challenges that await us." THE ASSOCIATED PRESS

Quoted

"I take responsibility ... for the defeat."

Incumbent Nicolas Sarkozy, who told supporters he did his best to win a second term, despite widespread anger at his handling of the economy.

Supporters of Socialist Party candidate Francois Hollande react after the first results of the second round of French presidential elections in Paris on Sunday. REMY DE LA MAUVINIERE/THE ASSOCIATED PRESS

Reaction. World leaders congratulate future French president on win

Prime Minister Stephen Harper has called France's new president-elect — Francois Hollande — to congratulate him on Sunday's election victory.

The Prime Minister's Office says in a news release that Harper emphasized the shared values and deep historic, cultural and linguistic ties between Canada and France.

Harper also expressed Canada's desire to work closely with France on a full range of international issues.

U.S. President Barack Obama called Hollande after the results were announced, the White House said in a statement.

"President Obama indicated that he looks forward to working closely with Mr. Hollande and his government on a range of shared economic and security challenges," the statement said.

Obama invited Hollande to visit the White House before this month's G8 summit at Camp David, Md. Hollande is also expected to attend the NATO summit in Chicago later this month.

Francois Hollande THE ASSOCIATED PRESS

Britain's conservative Prime Minister, David Cameron and Italian Premier Mario Monti also called Hollande to congratulate him

Hollande inherits a country deep in debt and divided over how to integrate immigrants while preserving its national identity.

Nicolas Sarkozy is the latest victim of a wave of voter anger over spending cuts in Europe that has ousted governments and leaders in the past couple of years. THE ASSOCIATED PRESS

Supermoon lights the night

A "supermoon" is seen above the Christ the Redeemer statue in Rio de Janeiro on Sunday. The appearance is the result of a full moon (or a new moon) with the closest approach the moon makes to the Earth.

VICTOR R. CAIVANO/THE ASSOCIATED PRESS

Greece. Voters punish top two parties in elections

Furious Greeks punished the two parties that have dominated politics for decades in the crisis-battered country Sunday, leaving its multibillion-dollar international bailout — and even its future in the euro currency — hanging in the balance.

With more than 83 per cent of the vote counted, Greece appeared to be heading toward political stalemate. Nobody won enough votes to form a government, and the two parties that backed the bailout — the conservative New Democracy and socialist PASOK — conceded they need to win over adversaries to form a viable coalition.

"I understand the rage of the people, but our party will not leave Greece ungoverned," said New Democracy Leader Antonis Samaras.

New Democracy was leading with nearly 20 per cent of the vote, which would give it 110 seats in the 300-member parliament. PASOK, which has spent 21 years in government since 1981 and stormed to victory with more than 43 per cent in 2009, saw its support slashed to about 13.5 per cent. It will have just 41 seats, compared to 160 in the last election.

The outcome showed widespread public anger at the harsh austerity measures imposed over the past two years in return for rescue loans from other European Union countries and the International Monetary Fund. THE ASSOCIATED PRESS

A man waits to enter a voting booth at a polling station in Athens on Sunday. KOSTAS TSIRONIS/THE ASSOCIATED PRESS

Thailand

Explosions, fire kill 12: Officials

Officials say explosions and a fire at one of the world's largest petrochemical industrial estates have killed 12 people and injured more than 100 others in eastern Thailand.

The blasts Saturday forced the evacuation of more than 1,000 people living near the industrial estate, Thailand's largest industrial park. Authorities are investigating the cause of the explosions, which occurred when workers were cleaning a chemical tank. THE ASSOCIATED PRESS

Germany

Clashes leave 29 officers injured

Clashes erupted in Germany when police tried to separate competing rallies by an ultraconservative Muslim group and a small far-right march, injuring 29 officers, authorities said Sunday. The trouble in Bonn started when hundreds of Muslims protested against the rally of about 30 supporters of the local far-right party Pro NRW, which showed unfavourable cartoons of Islam's Prophet Muhammad. THE ASSOCIATED PRESS

Drugs seized

Bulgarian officers intercept cocaine shipment

Bulgarian customs say they have seized 147 pounds of cocaine coming from South America and destined for Western Europe.

The drugs, seized Sunday in the Danube port of Ruse, were worth an estimated $50 million US.

District prosecutor Ognyan Basarboliev says the drugs came from Argentina and were to be shipped to the Dutch port of Rotterdam. THE ASSOCIATED PRESS

Zoo scuffle

Omaha hospital goes bananas for special patient

Motuba, a 27-year-old silverback gorilla, needed a CT scan at the Nebraska Medical Center after a scuffle Thursday night with another gorilla.

Motuba's keepers at Omaha's Henry Doorly Zoo contacted the hospital, whose staff have been consulted on animal cases in the past. THE ASSOCIATED PRESS

Murdoch's scandal follows classic media-baron script

Ambition to hubris.
Mogul's fall from grace is a familiar story in the world of global media conglomerates

If the phone-hacking scandal gripping Rupert Murdoch's News Corp. empire has a familiar ring, it might be because you've heard the story before. Scrappy outsider turns modest newspaper business into international media conglomerate. Ambition turns to hubris. Mogul dramatically falls from grace.

From William Randolph Hearst to Rupert Murdoch, many media barons' stories follow a familiar arc.

"He's one of a series," said James Curran, a professor of communications at Goldsmiths University in London.

Before Murdoch came Robert Maxwell and Conrad Black, both of whose careers at the top of the British media establishment ended in disgrace. Before those two came Lord Beaverbrook, the Daily Express owner whose excesses were lampooned by Evelyn Waugh in his 1938 novel Scoop.

Earlier still was the New York Journal's William Randolph Hearst, who has become linked to the maverick at the centre of Orson Welles' 1941 classic Citizen Kane.

Black's and Maxwell's careers were blighted by criminality. Maxwell, having raided his newspaper's pension fund, drowned under murky circumstances in 1991; Black was only released Friday from a U.S. prison following a 2007 conviction for cheating his shareholders.

The narrative of the hacking scandal may echo earlier stories of overreach, but Murdoch's story has little to do with those of Black or Maxwell, said Tom Bower, who has written biographies of the latter.

"There is a sharp difference," said Bower, explaining that Murdoch built "a huge and successful business" based on hard work and sharp elbows, while his competitors failed because they had created "flimsy businesses based on fraud."

THE ASSOCIATED PRESS

Fallout

- Once one of the most powerful forces in British politics, Murdoch has seen his clout wither amid the scandal over illegal eavesdropping at his News of the World tabloid.
- Revelations of widespread illegality there have led to the arrests of dozens of journalists and media executives, and the resignations of high-flying political operatives and police leaders.

Canada's last penny

The last Canadian penny ever to be made, displayed by Minister of Finance Jim Flaherty after it was struck at the Royal Canadian Mint in Winnipeg Friday, is going to Canada's currency museum in Ottawa. In the coming months, retailers will start to round up or down the tax-included price of cash purchases to the nearest five cents.

THE CANADIAN PRESS

Succession planning

Buffett's cancer draws attention to replacement

Warren Buffett worked to reassure shareholders that he's feeling good after his recent prostate-cancer diagnosis, and that Berkshire Hathaway is ready to replace the revered 81-year-old investor when the need arises. Still, the diagnosis is forcing shareholders to confront the fact that one day Buffett will no longer be at the helm of the conglomerate.

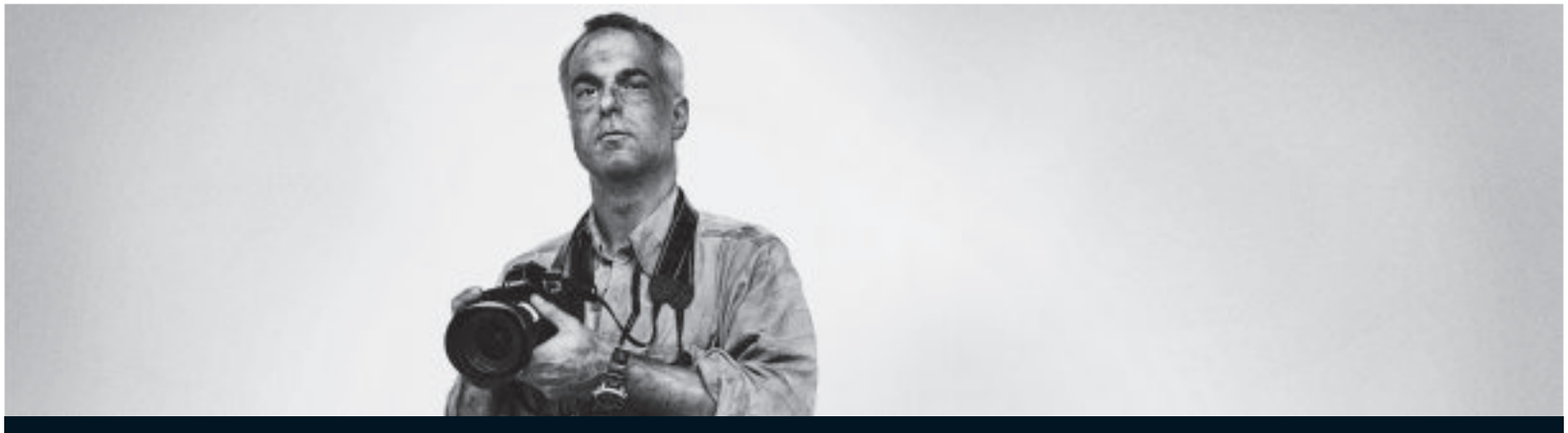
THE ASSOCIATED PRESS

Product defect

Chrysler recalls vehicles over possible failures

Chrysler is recalling 119,072 cars after discovering that the antilock-brake and electronic-stability-control systems can fail because of an overheated power supply. The model year 2011 and 2012 Chrysler 300s and Dodge Chargers will have a fuse changed and relocated.

THE ASSOCIATED PRESS



MAY 15, 2012

BRING YOUR CAMERA

We're inviting people all over the world to help create something historic. Send a message to the future from your life on May 15. Your pictures will be preserved for future generations and shown in a stunning website. A thousand images will be selected for a book and exhibitions touring the world. Everybody is welcome.
Read more at aday.org. Let's picture the world. Together.

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STADIUM PLAN GIVES ME THE CHILLS

URBAN COMPASS
Paul Sullivan
saskatoon@metronews.ca

See if you can spot the flaw in this plan:

On Friday, the City of Regina announced a new version of the $1-billion Regina Revitalization Initiative, which includes a 33,000-seat open-air stadium, the new home of the Saskatchewan Roughriders, as well as retail, commercial, and 700 affordable-housing units.

The price tag will be split between taxpayers and the private sector, $348.2 million versus around $600 million.

If you answered: "Why are we spending a third of a billion of the people's dollars on a dumb stadium when we already have one?" you're obviously not on the program.

No, the flaw — as anyone who has ever shivered through a football game any time after Oct. 1 will know — is that new modifier attached to the stadium: "Open-air."

Exactly where do they think this is? Regina Mayor Pat Fiacco (spelled without an "s," evidence to the contrary), who was formerly a big fan of a stadium with a retractable roof, has changed his tune now that Ottawa has withdrawn its original $100-million commitment, and thinks that open-air stadiums are all the rage.

C'mon, already

If you're going to spend hundreds of millions of dollars on a stadium when the money should really go to buy new beds for the hospital or e-tablets for school — or, in fact, anything but a concussion factory — you should at least expect a thermostat.

Sure they are. In Texas.

This is Saskatchewan, where the average daytime high in November is below zero. If we're lucky, that's when the Roughriders play their most important games of the year.

Oh, I know how it goes: "People have been freezing their butts off at Taylor Field for decades. And they liked it." But really? If you're going to spend hundreds of millions of dollars on a stadium when the money should really go to buy new beds for the hospital or e-tablets for school — or, in fact, anything but a concussion factory — you should at least expect a thermostat.

Let's do the math. The city's estimate for a stadium with a retractable roof is about $450 million while the price for the drafty, roofless variety is precisely $278.2 million. Sure, that's an $172-million difference, which sounds like a lot but it's really just a little over 15 per cent of the total cost of revitalizing Regina.

Would it, therefore, be too much to include heat in the vision for the revitalization of Regina? Let's not forget that people come from all over the Prairies to watch the Roughriders, so maybe we can convince them to contribute by paying a toasty tax on top of the price of admission to pay for a roof you can roll back on nice sunny days in July.

1936 was the last time they built a stadium in Regina, and they named it after Piffles Taylor. Do you think we're going to have to wait another 76 years for a roof?

Worth mentioning

Global snack attack proves it's all just a matter of taste

Russians prefer their Lay's potato chips dusted in caviar and crab flavours. The Chinese like their Oreos stuffed with mango and orange cream. And in Spain, Kellogg's All-Bran cereal is served floating in hot coffee instead of cold milk.

Americans might get squeamish at the thought of their favourite snacks being tweaked. But what works in the U.S. doesn't always work everywhere.

The challenge for snack makers is that people in other countries have different tastes. Consider the Oreo, which Kraft Foods introduced in China in 1996. Sales of the vanilla cream-filled chocolate cookie sandwich were respectable there, but the Chinese didn't completely take to it.

So Kraft decided to tweak the Oreo. The result? Over the past five years, Kraft said sales have grown an average of 60 per cent a year. THE ASSOCIATED PRESS

A droplet's rainbow ebb and flow

TOBIAS BRÄUNING

Picture perfect

Winning photo makes a splash

If water droplets were able to dance, you could imagine them doing this. The striking image, titled Dancing Queen, was taken by amateur photographer and software engineer Tobias Bräuning and was the winner of the open category at the prestigious Sony World Photography Awards 2012. METRO

60 seconds

Tobias Bräuning

What do you see here?
I imagine a figure, but not necessarily a human. It can be an alien too. What's most interesting in this image is that the shapes are completely random, never predictable.

How did you create these striking shapes?
I used electromagnetic solenoid valves to generate the drops. I also made the water move "slower" by increasing its viscosity: To do this, I added guar gum, a thickening agent used for food. This makes the droplets seem more elastic. I mixed in ink to give colour.

You must have used a very rapid shutter speed.
No, the shutter speed was just 1/20th of a second but the flash duration was 1/20,000th of a second – to "freeze" the water. All you need is the camera's shutter fully open when the flash is fired.

As a photographer, what do you want to tell the world?
I want to show the natural beauty of the world invisible to the naked eye, beauty that's not manipulated by Photoshop effects.
METRO

Shutter happy

"The first drop falls into the water, then the green splash comes up, colliding with a yellow drop. Some milliseconds later, the red drop arrives and also collides. Finally, a blue drop is arriving, captured short before touching the splash."
Tobias Bräuning

Reading good-news stories helps us foster a positive outlook: B.C. study

News Worth Sharing

Media will always have to report on the tough stuff. But we know that Canada is full of compassionate individuals, inspiring projects and stories worth celebrating. Here's just one.

We all need to stay informed, but doom and gloom isn't the only news worth knowing — and there's science to back that up.

A recent study from the University of British Columbia shows that reading stories of kindness and heroism positively influences a person's desire to change the world.

Prof. Karl Aquino, lead author of the study, says, "Research shows that when people are presented with examples of exceptionally virtuous acts through stories or videos, it can lead them to think more positively about others and want to become better people themselves."

So before you catch up on the latest gossip and find yourself bombarded with political scandals and celebrity meltdowns, get a good-news fix — who knows what you might be inspired to do.
CRAIG AND MARC KIELBURGER

Email us for more information and to get involved. Help the good news get around. Send your stories of local heroes and positive action to goodnews@metowe.com and we'll share them right here.

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The Beastie Boys, seen here in a photo from 1989, changed music with their revolutionary sound. From left, Adam Horovitz (Adrock), Michael Diamond (Mike D) and Adam Yauch (MCA). Yauch died Friday morning at the age of 47 after a three-year battle with cancer. HANDOUT

Yauch: A music maverick

Remembering a Beastie Boy. Group's co-founder remembered as a dedicated activist and talented video director

CASSANDRA GARRISON AND PAT HEALY
scene@metronews.ca

After a three-year battle with cancer, Beastie Boys co-founder Adam Yauch died on Friday in New York at the age of 47.

According to Rolling Stone, Yauch, who went by the stage name MCA, was diagnosed in 2009 after he found a tumour in his salivary gland.

His health began taking a toll on his work with the band, and he hadn't performed live with the Beastie Boys since the summer of 2009. Last month, he sat out from the trio's induction into the Rock and Roll Hall of Fame.

Yauch was a pioneering member of the Beastie Boys, forming the group in 1979 with fellow New York City pals Mike "Mike D" Diamond and Adam "Ad-Rock" Horowitz

They began as a hardcore punk rock group, but by the mid '80s they had adapted to the rap style that would make them famous.

What made the Beasties so unique was not only their pioneering work with sampling and their dedication to evolving into a band who played their own instruments, but also their style of team rapping where even within a single line of a song, all three members might utter a different single word to make the line complete.

Check out Shadrach from their 1989 classic, Paul's Boutique. What makes this performance from Soul Train especially touching is the trio's salute to the show's host, Don Cornelius, who also died this year.

Yauch was also known for his activism in the free Tibet movement. He founded the Milarepa Fund, a non-profit organization dedicated to promoting awareness and activism regarding injustices perpetrated on native Tibetans.

He also organized the Tibetan Freedom Concerts.

Not only will MCA be remembered as the Beastie with the raspy voice and the social conscience, but also for his role in immortalizing the trio with his video direction.

His directing credits include So Whatcha Want, Intergalactic, Body Movin and Ch-Check It Out.

Condolences

Beastie Boys key part of Madonna's music history

Madonna says Adam Yauch, the Beastie Boys rapper who died Friday, was one of a kind and that the group was important to her musical history. The singer says the seminal hip-hop group was "integral to the musical revolution that was happening at the time." Madonna says she was sad to hear of Yauch's death and asked God to bless his family. The Beastie Boys opened for Madonna on tour in the 1980s, and the group was inducted into the Rock and Roll Hall of Fame last month.

THE ASSOCIATED PRESS

Biography explores living on the Edge

DVD release. Canadian wrestler Edge shares his tales of his career and rise to fame in new documentary

One of Canada's top sports entertainers gets the DVD treatment in the latest biography offering from World Wrestling Entertainment, and it's a release that mat fans in this country are bound to enjoy.

Nicknamed the "Rated-R Superstar," retired pro wrestler Edge takes viewers through his rise to stardom in the squared circle, from his early days in southern Ontario in the mid-1990s all the way to the top of the WWE.

There is plenty of Canadian flavour in the three-disc offering titled You Think You Know Me? The Story of Edge. The Orangeville, Ont., native weighs in on his start in the business and many of the more interesting moments on his way to championship glory.

The 241-pound, six-foot-five wrestler strapped a number of belts around his waist over the years before his retirement in 2011 due to injury problems. He was inducted into the WWE Hall of Fame earlier this year.

A teenaged Edge got started in the business after he noticed a brief item in the sports section of a Toronto newspaper. Sweet Daddy Siki and Ron Hutchison were accepting applications for those interested in training to become pro wrestlers.

Edge won a wrestling essay contest and went down to a boxing centre in west-end Toronto to get started. He also studied radio broadcasting, which helped his microphone skills in the ring.

Combined with a long-haired rock-star look and natural charisma, Edge was soon on his way. A shot of a young Edge in the crowd watching the legendary Hulk Hogan at SkyDome (now Rogers Centre) helped give him the boost to succeed. Years later, Edge and the Hulkster would team up and become tag-team champions.

Edge started out wrestling with his good friend Christian and after some intense tag-team feuds — most notably with the Hardy Boyz — the Canadian grappler focused on singles action. He took on most of the top stars and many matches are featured on the second and third discs in this package.

THE CANADIAN PRESS

Edge TORSTAR NEWS SERVICE

2 SCENE

Box office

Avengers assemble a box-office smash

Captain America tells the Incredible Hulk to do his smash thing in The Avengers, and that's just what the Marvel Comics superhero mash-up did at the box office, smashing the domestic revenue record with a $200.3 million debut. It's by far the biggest opening ever, shooting past the previous record of $169.2 million for the debut of last year's Harry Potter finale. The Avengers added $151.5 million overseas over the weekend to bring its total to $441.5 million since it began opening internationally a week earlier. That raised the film's worldwide haul to $641.8 million in barely a week and a half, more than its Marvel superhero forerunners Iron Man, Iron Man 2, Thor and Captain America took in during their entire runs. If distributor Disney's domestic estimate Sunday holds when the final weekend count is released Monday, The Avengers would be the first movie ever to haul in $200 million in a single weekend.

THE ASSOCIATED PRESS

On the web

Theo Fleury doc traces the highs and lows of the troubled hockey star on and off the ice

Fiction is still stranger than truth

New novel. Writer John Irving is perplexed by today's obsession with 'reality'

John Irving says today's reality-obsessed culture has affected the way many readers approach fiction and prompted a barrage of questions about whether the famed author's novels are based on his own life.

"We live in a time when people think that reality is more interesting than what can be made up," said the acclaimed 70-year-old writer, whose 13th novel, In One Person, is out this week.

"Well, I've never felt that way."

In One Person tells the story of Billy Abbott, a sexually conflicted writer who begins life in a small Vermont town and ultimately navigates his way through the darkest days of the AIDS crisis in New York City. The subject matter, Irving says, prompted one U.K. publication to pursue a story on whether the author himself is bisexual (the piece was ultimately dropped).

Such pre-occupations are baffling to Irving, whose celebrated works include The World According to Garp and The Cider House Rules. "I published my first novel (Setting Free the Bears) in the late 1960s. Through the 1980s, which would include A Prayer For Owen Meany, which was published in '89 ... almost no one asked me an autobiographical question. No one said: 'Is this your father? Is this your mother? Is this your sister? Is this you?' No one asked me," he said.

"Now, it's the first thing you're asked ... I think what's happened to many people is ... they don't read as much fiction as they used to. They're not as consistently reading novels as people were 10 or 25 years ago and so they don't know how to talk about novels so much. They can't imagine a way to imagine a novel without thinking that it must have some personal connection to you."

Irving, who has an apartment in Toronto and spends his summers on Georgian Bay, notes that the current "reality or news-driven" climate has also spawned a voracious appetite among readers for true-life memoirs.

"There are more memoirs than I've ever seen, more memoirs than ever should be written, in my opinion," he said, adding that there are only a handful of people who have lives interesting enough to put down on paper.

North American writers, said Irving, have "suffered" from Ernest Hemingway's "tiresome" dictum: "Write about what you know."

Instead, he endorses the advice of Herman Melville, who said: "Woe to him who seeks to please rather than appall."

"Think about what you're afraid of, not what's happened to you" said Irving, who won an Oscar in 2000 for his Cider House screenplay. "Think about what you hope never happens to anyone you know or love or to yourself ... write about that."

The advice is particularly poignant given the achingly sad events of In One Person.

While the book contains plenty of the author's signature whimsy, as well as many Irving standbys (Vermont, Vienna, wrestling), it's been called his most political novel yet.

THE CANADIAN PRESS

John Irving says North American writers have suffered from the Hemingway dictum 'write about what you know.' AARON VINCENT ELKAIM/THE CANADIAN PRESS

Quoted

"It wasn't hard to put myself in a bisexual frame of mind. I grew up in the '50s and the '60s. And there was certainly a time in my pre-pubescent and early pubescent life when I desired just about everyone..."

Author John Irving, talking about writing his latest novel, In One Person

Overseas audiences buy into Battleship

Box office. Film based on Hasbro boardgame didn't sink overs eas — but will it sail in North America?

Battleship, the first in a string of movies based on Hasbro board games, has survived an armada of tomato-throwing critics and chugged to $170 million US in ticket sales overseas.

Yet it faces choppy seas as it steams toward its U.S. debut on May 18. What might sink Battleship is competition from other hotly expected blockbusters, including the superhero adventure The Avengers, which opens Friday, and Sony's long-awaited Men in Black III, which rolls out May 23.

"It could drown in amongst all of those big titles," says Blake Howard, director of Australian review site Castleco-op.com.

He says the movie's "popcorn escapism" was good enough to succeed in a regular year. This summer, it has unusually tough competition.

The hit-or-miss fate of a given Hollywood big-budget movie doesn't normally matter that much. Media company analysts discount the studios as too volatile to be given much credit inside large conglomerates.

But Battleship is the first board game movie since Clue tanked in 1985. It's a barometer for the appetite of audiences for a handful of other Hasbro board game movies, including Universal's own Ouija, due out next year, as well as Risk and Candy Land, which are in the works at Sony Corp.'s movie studio.

Universal Pictures took the unusual step of releasing Battleship in international markets five weeks before its U.S. debut. Part of that was to avoid competing with The Avengers, the Disney/Marvel movie that brings together Iron Man, The Incredible Hulk and other superheroes from previous films. It also wanted to give a wide berth to European Cup soccer starting June 8.

The overseas haul for Battleship goes part way to justifying its reported $209-million price tag. But after subtracting splits with theatre owners and marketing costs, it is estimated to need about half a billion dollars at box offices to turn a profit.

That's tough given the competition. In a little more than one week, The Avengers snagged $280 million abroad, far more than Battleship did in three weeks. The Avengers, fuelled by gushing reviews and a fan base that has been building since Iron Man in 2008, could break the domestic opening weekend record of $169 million.

Both movies squarely target the young males that make or break Hollywood movies in the all-important summer movie season.

Battleship has mixed momentum coming to the U.S. Just 48 per cent of critics on review site Rotten Tomatoes gave it a positive review, compared with 93 per cent for The Avengers. The most generous critics have still heaped cynicism on the board-game tie-ins, such as a scene in which American soldiers use a grid to fire blindly at alien ships in a strained nod to the board game.

"The only thing to do is raise the white flag and surrender to the film's awesome silliness," writes British reviewer Jason Best with the What's On TV website.

Executives from Hasbro and Universal declined to comment ahead of the domestic release.

The movie represents the hopes of both companies for a big franchise, a series that sells billions of dollars in toys and tickets, the way Transformers did for Hasbro and Paramount Pictures.

Given the results so far, a more realistic benchmark for Battleship is G.I. Joe: The Rise of Cobra. The Hasbro toy-inspired movie from 2009 generated $300 million in ticket sales worldwide, about half of it overseas. That was good enough to spawn a sequel, G.I. Joe: Retaliation, which hits theatres in June.

Battleship also doesn't have to be as big as Warner Bros.' Harry Potter to become a bankable franchise. If it makes some money, it could add to Universal's relatively successful series, such as the Bourne and Fast Five movies.

"If they have three really strong franchises and a bunch of other movies in their slate that are going to perform well, that's absolutely fine," says Paul Dergarabedian, the box-office president of Hollywood.com.

THE ASSOCIATED PRESS

Battleship has earned $170 million in ticket sales overseas, which goes part way to justifying its reported $209-million price tag. HANDOUT

Audience appeal

What about all that patriotism?

American patriotic militarism is accepted overseas, but not relished, and international audiences appear to have overlooked a heavy dose of it in Battleship to get their action movie fix. "I think it literally just comes down to: People like explosions and action movies abroad," says Oliver Lyttleton, a U.K.-based writer for The Playlist blog.

Careful when Bynes is behind the wheel

Amanda Bynes

Amanda Bynes hasn't been having much luck with cars. The actress was reportedly involved in a hit-and-run when her Range Rover sideswiped another car while trying to pass on the right, according to TMZ.

Sources say Bynes continued driving on after the collision, but she reportedly cooperated with police once they caught up with her, telling them that she was unaware she had struck the other car. She was not issued a citation.

The incident comes a month after Bynes was arrested for driving under the influence after clipping a police car.

Love Hewitt gets cut down to size

Jennifer Love Hewitt

Jennifer Love Hewitt has had so much attention paid to her breasts lately that it's influencing her dreams.

"I actually had a nightmare the other night that people were trying to deflate my boobs while I was working," the Client List star tells Chelsea Handler during an interview. "They had tubes and I was trying to work, but they kept getting smaller," she said. "I was like, 'Guys, don't take them away!' I'm getting issues about it, I think."

With good reason: Recently, ads for Hewitt's new series were modified without her knowledge to reduce the size of her breasts.

"Some random person decided they were supposed to be smaller," she says. "I still don't know who that person is."

Lady Gaga recalls her lonely coked-out days

Lady Gaga says she "cherishes" being alone now, but it wasn't always that way for the newly single star.

"I would go back to my apartment every day and I would just sit there. It was quiet and it was lonely. It was still," she says of her early days in an interview for the Conversation With Amanda de Cadenet.

"It was just my piano and myself. I had a television and I would leave it on all the time just to feel like somebody was hanging out with me. And especially during the period when I was doing cocaine.

It was like the drug was my friend. I never did it with other people. It's such a terrible way to fill that void, because it just adds to that void, because it's not real."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Andy Cohen ALL PHOTOS GETTY IMAGES

Andy Cohen gabs with Metro

THE WORD
Dorothy Robinson
scene@metronews.ca

You know him as the outgoing Bravo host who fans the fire at Real Housewives reunion shows and presses celebrities with cheeky questions during games of Plead the Fifth on Watch What Happens Live. But Andy Cohen had a long, winding and often hilarious, road to his rise as a pop-culture guru and celebrity interview extraordinaire.

In his new book Most Talkative, Cohen opens up about dreaming of a life in television while watching All My Children as a kid, what it was like to live in fear of AIDS as a young gay man in the '80s and '90s, and working his way up the ladder from a CBS internship in New York City.

"I have all these great stories I've been telling friends for years," Cohen told Metro about his decision to write the book now. "I've just always wanted to tell them and I just felt like now was the time. I just needed a deadline, so I got one and then I went for it."

Cohen says his journal that helped him put together the pieces of his memoir.

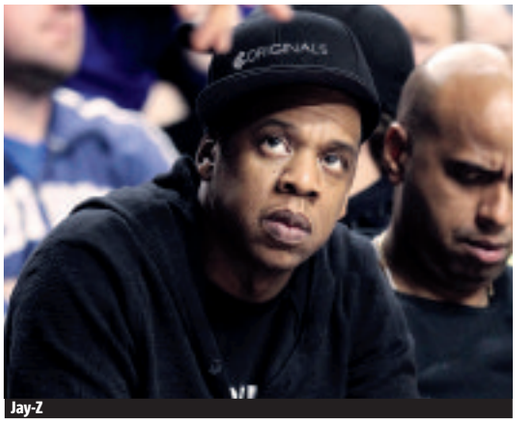
"I kept a journal for 11 years that really helped when I was writing about coming out of closet. And when I looked back on it writing the book, it seemed overly dramatic but it was so sincere and truly how I felt. There were so, so many details from my time at CBS, what a jackass I was during my internship, my work with Dan Rather and lying to Oprah to get an interview and getting caught, staying in a clothing-optional resort when I went to Palm Springs to interview Tammy Faye Bakker."

So folks, if you're looking for a way to make it to the top of the industry, lie to your higher-ups and feel free to forgo your clothing — hey, it worked for Andy Cohen.

TODAY'S THE WORD WAS WRITTEN BY MEREDITH ENGEL WITH ADDITIONAL REPORTING BY CASSANDRA GARRISON

Congrats to one of our own

Longtime Metro gossip columnist Dorothy Robinson Scott gave birth to a beautiful baby boy over the weekend. We at Metro are incredibly proud of, and happy for, Dorothy and her husband, though we were a little offended that the couple did not take our suggestion and name the little one Great Scott.


Jay-Z

Jay-Z: My daughter will likely be spoiled rotten

Jay-Z is planning to do the best he can to raise daughter Blue Ivy Carter right, but he resigned himself to the fact that she'll have it pretty easy in life.

"I imagine I'll take things I learned from my mom and things I've learned from raising my nephews and apply that," he says of his parenting plans in an interview with Oprah Winfrey. "Then at the end of the day, I just know I'll probably have the worst, spoiled little kid ever." At least the rap mogul is ready for the inevitable resentment that comes with being a parent: "Everyone imagines they'll be a great dad until their [kids are] teenagers. [They say], 'Get away from me, Dad. You're embarrassing me,'" he says.

It pays to be Jennifer Lopez's boyfriend

Jennifer Lopez

Getting close to Jennifer Lopez can certainly be a career boost — at least for Casper Smart, Lopez's 24-year-old boyfriend and backup dancer.

The singer announced that Smart would be serving as one of the choreographers for her new world tour, according to Us Weekly.

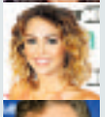
"I'm working with [choreographer] Jamie King, and also Casper Smart," Lopez said. "It's going to be an amazing, amazing show." Smart has reportedly become an important part of Lopez's life, both personally and professionally.

Sources say he's moved into her L.A. home and sits in on business meetings — and even directed her latest music video.

"He provides what she hasn't had in years. He's very supportive and devoted," a source says.

Twitter

@justdemi
So hard finding a name that was fun somewhat playful and available. So for now it will be @justdemi It could grow on me!



@MileyCyrus
Fairy tales are girl porn.

@ConanOBrien
Ever get really into playing a video game, only to discover it was just one of those high-tech Japanese toilets?

@JonahHill
What has the best coffee in the French quarter in new orleans?

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To see some incredible videos and to learn more, visit us at priusc.ca

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age shown with a MSRP of $25,340. MSRPs do not include freight and PDI ($1,565), license, insurance, registration, applicable taxes, levies and fees. Dealer may sell for less.

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Health

Do dads get depressed, too?

We're all guilty of it. We want men to show their sensitive sides, yet when they do, we tell them to buck up.

Interestingly, though, it's possible — at least according to an Oxford University study — that dads may also suffer from some sort of postnatal depression.

To most, it seems off to suggest men get the equivalent of postpartum depression (PPD) with its clear physiological triggers, but some are afflicted by an equally real depression as a result of the new stresses and lifestyle changes of their new role. And yet, there still exists a 'suck it up' attitude that forces men to internalize their emotions instead of getting treatment.

JULIE GREEN, YUMMYMUMMYCLUB.CA

Study suggests new dads can suffer from a form of depression. ISTOCK

Money

Paying your babysitter

How much should you pay a babysitter? Here are some easy tips to help you decide:

- How many kids will the babysitter be responsible for? More children may mean more money.
- Sometimes, special needs means a special babysitter. Some kids who have medical, developmental or other needs may require a caregiver with specific training, which usually means a higher fee.
- Are you expecting the sitter to engage your kids in play the whole time or will the sitter only have to push play on the DVD and watch for fires?
- Be upfront with your sitter — ask her what she charges.

CAROLINE FERNANDEZ, YUMMYMUMMYCLUB.CA

Ready to reveal your baby's gender? Keep it trendy

Boy or girl? Here are some ways of making the big announcement to friends and family

LISA THORNBURY
yummymummyclub.ca

Gender reveal parties are all the rage right now. They're all about finding unique and creative ways to share the "boy or girl?" news with family and friends. Instead of finding out their baby's gender at the doctor's office, many parents are now opting to be surrounded by loved ones at a party to discover the news.

If this sounds like you, here's what you need to do to make it happen. First, ask your doctor to write the sex of the baby on a piece of paper. Don't peek — put it in an envelope! Hand the envelope over to a special friend or family member who you know can keep a secret. Ask him or her to help you plan one of these three parties:

Gender-Reveal Cakes
Have your secret-keeper deliver the piece of paper to a baker and have the bakery make a cake — neutral on the outside, but either pink or blue on the inside. When you cut into the cake, everyone will find out if a son or daughter is on the way.

Balloons In A Box
Ask your friend in-the-know to fill a box with balloons. Open to reveal the pink or blue surprise!

Unwrap a Gift
Ask the entrusted friend to wrap a onesie or a teddy bear (pink or blue depending on the gender) as a present. You will then open the box at the party and find out right along with everyone else.

If you might be disappointed if the "wrong" sex is revealed, you might want to find out the sex with your spouse privately before the party so you are prepared to celebrate when everyone else finds out.

A fun touch would be to have guests wear either pink or blue to indicate their gender prediction. The losing team cleans up after the party.

YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP BUSY WOMEN SURVIVE MOTHERHOOD

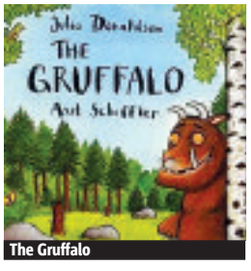
More party tips

- **Name it.** Call it a Lad or Lassie Party, a Pink or Blue Do or a Daughter or Son Soiree. But whatever you do, don't call it a Sex Party — that will surely make great-grandma Gertie a little bit uncomfortable.

Looking for a chic way to reveal your baby's gender? Throw a party. ISTOCK

Add these must-read picture books to your shelf

We surveyed yummymummyclub.ca readers and asked them to share their all-time favourite children's picture books. Here are a few must-haves:



The Gruffalo

The Gruffalo by Julia Donalson

Just what is a Gruffalo? "He has terrible tusks, and terrible claws, and terrible teeth in his terrible jaws." Or maybe he's not real at all and a silly mouse just made him up. Or maybe he is real, after all. Mystery!

The Paper Bag Princess

The Paper Bag Princess by Robert Munsch

This is definitely not your average princess story, no indeed. Princess Elizabeth and Prince Ronald do not live happily ever after at the end of this tale, as Prince Ronald is unhappy with the way the strong and awesome princess looks after battling and outsmarting dragons.

Where the Wild Things Are

Where the Wild Things Are by Maurice Sendak

Let the wild rumpus begin! Max takes on a great adventure to the place where wild things are. It will almost make your kids want to get sent to their rooms without dinner. Almost.

Stellaluna

Stellaluna by Janell Cannon

Oh, Stellaluna, the little fruit bat who loses her way and gets adopted by birds. Her bird friends are confused by the differences between bats and birds. "How can we be so different and feel so much alike?" one asks.

YUMMYMUMMYCLUB.CA

3 LIFE

DIY

Homemade popsicles

I went overboard this week and ended up with three containers of strawberries that were in danger of going bad. So, obviously, the kids and I made popsicles. Now, you can too.

You'll need: one large container of strawberries, washed and hulled; half a cup of simple syrup made by combining equal amounts of sugar and water in a pot, bringing it to a boil until the sugar dissolves; and one cup of water.

Mix the ingredients together in a blender. Pour it into popsicle molds, freeze and enjoy.

After pouring the kids' popsicles, I had strawberry mix left over. What's a mom to do? Well, if you're anything like me, you add half a cup of vodka, mix it in the blender so it's evenly distributed, pour the mixture into popsicle molds, and let it freeze (then salivate in anticipation).

Helpful hint: always use different easily-identifiable molds when making vodka popsicles, for obvious reasons

SHARON DEVELLIS, YUMMYMUMMYCLUB.CA

On the Web

Skeptics question whether Vogue went far enough to promote healthier models

Give your sweet tooth something to smile about

This recipe serves eight to 10 people. THE CANADIAN PRESS H/O

Raspberry Semifreddo. This luscious dessert uses creamy avocados and sweet raspberries

For something different, try this light and creamy dessert made with the goodness of avocados and speckled with cool bursts of sweet raspberries. You have never tasted a dessert like this before.

1. In a standing mixer, whip egg whites to form medium peaks, then slowly add icing sugar until mixture becomes glossy with stiff peaks, about 8 minutes. With a rubber spatula, scrape into a large bowl and set aside.

2. In a stand mixer, whip the cream to form stiff peaks. Add to egg white mixture, folding gently so as not to incorporate too much air. Puree the avocados with a hand blender or food processor and add them to cream and egg white mixture. Fold all together and incorporate 250 ml (1 cup) of the raspberries.

3. Line a 23-by-12-cm (9-by-5-inch) baking dish with plastic wrap. Add semifreddo mixture, smoothing surface to flatten. Freeze uncovered for at least 3 hours.

4. To serve, dip the dish in about 5 cm (2 inches) of hot water to slightly melt edges. Dry the baking dish and invert the dessert onto serving plate. Remove plastic wrap and top with remaining raspberries and mint. Slice and serve.

THE CANADIAN PRESS/ AVOCADOS FROM MEXICO, AVOCADOSFROMMEXICO.COM

Ingredients

- 3 egg whites
- 250 ml (1 cup) icing sugar
- 175 ml (3/4 cup) whipping cream
- 2 avocados
- 375 ml (1 1/2 cups) fresh raspberries, divided
- 6 mint leaves, for garnish

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com

For those days when you're too tired to cook, reaching for a ready-made soup is a natural choice. Watch which can you grab, though.

Campbell's Chunky Chicken Corn Chowder (1 cup)

240 calories/ 11 gm fat/ 650 mg sodium

Even though it's filled with veggies and chicken, there's also the addition of cream, which adds to the calories and fat.

Equivalent

One cup of Campbell's Chunky Chicken Corn Chowder is equal, in fat, to 11 chicken skewers from Blue Menu.

Campbell's Chunky Chicken Vegetable (1 cup)

150 calories/ 5 gm fat/ 630 mg sodium

This veggie-based soup comes in with less calories and half the fat than the chicken corn chowder.

Quince-Filled Chocolate Marzipan Bonbons

1. Line a plate with parchment paper.

2. Cut tube of marzipan into 14 equal portions. Form each into round, shallow cup. Fill cup with about 2 ml (1/2 tsp) of quince paste, then carefully fold sides of cup up over filling and roll in your hands to form a tight ball. Set aside.

3. Place chocolate melts in microwave-safe measuring cup. Microwave on high 1 minute, stopping every 20 seconds to stir, or until completely melted.

4. One at a time, use fork to lower marzipan balls into melted chocolate. Use the fork to lift it from the chocolate, tapping gently on the side of the cup to remove excess chocolate, then carefully set bonbon on prepared plate.

5. If you want to sprinkle a dry coating on bonbons, such as salt or candy sprinkles, do so immediately. Otherwise, coat remaining bonbons, then let them dry and harden. The drying can be sped up by placing plate in refrigerator for several minutes.

6. If desired, melt a small amount of a second colour of candy melts, then drizzle this over hardened bonbons to decorate. THE ASSOCIATED PRESS

Ingredients

- 1 tube marzipan (about 200 g/7 oz)
- 30 ml (2 tbsp) quince paste
- 125 g (4 oz) chocolate melts (any colour)

With strawberry season around the corner, get baking

1. Pastry: In food processor, combine flours, butter and salt. Pulse until butter is just distributed through flour. Add water and pulse again, just until distributed. Pulse 2 more times. Dough should still be crumbly and dry.

2. Pour dough onto counter. Press into rectangle (20 by 30 cm/8 by 12 inches). Fold dough in half, then use rolling pin to roll it back to a 20-by-30-cm (8-by-12-inch) rectangle. Fold dough in half again and place on a baking sheet. Cover with plastic wrap and refrigerate for 20 minutes.

3. While pastry rests, in bowl, toss together strawberries, lemon juice, salt and 125 ml (1/2 cup) of the sugar. Let sit for 10 minutes.

4. Once pastry has rested, roll it out once again to a 20-by-30-cm (8-by-12-inch) rectangle. Repeat folding and rolling process one more time, but this time roll it to a 25-cm (10-inch) round. Place dough in freezer until fruit is ready.

5. Heat oven to 200 C (400 F).

6. In 23-cm (9-inch) oven-safe skillet over medium-high heat, melt 50 ml (1/4 cup) of butter.

This recipe serves eight. THE CANADIAN PRESS H/O

Add remaining 125 ml (1/2 cup) sugar and cook until it turns golden -brown, 10 mins.

7. Add apricots, strawberries and any juices from bowl to pan and continue cooking on high heat until fruit is soft and begins to caramelize, 10 mins. In glass, stir cornstarch and water. Add to skillet and stir gently to mix. Bring to a boil, then remove skillet from heat.

8. Place pastry over fruit, fitting down tightly into pan. Use paring knife to cut several slits in top centre of pastry. Bake until golden brown, 30 mins. Remove from the oven and let sit 30 mins. to allow filling to set up.

9. Run a knife around the edge of skillet to loosen pastry. Place round platter or large plate over pan and carefully but quickly overturn the pan so plate is on the bottom. Lift pan off the serving plate to reveal tart. Serve warm or at room temperature.

THE ASSOCIATED PRESS/ADAPTED BY EMILY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

Ingredients

Pastry

- 500 ml (2 cups) all-purpose flour
- 125 ml (1/2 cup) cake flour
- 250 ml (1 cup/2 sticks) unsalted butter, cut into pieces
- 1 ml (1/4 tsp) salt
- 75 ml (1/3 cup) ice water

Topping

- 2 containers (each 500 g/16 oz) fresh strawberries, hulled and halved
- 10 ml (2 tsp) lemon juice
- Pinch of salt
- 250 ml (1 cup) sugar, divided
- 50 ml (1/4 cup/1/2 stick) butter
- 1 bag (198 g/7 oz) dried apricots
- 45 ml (3 tbsp) cornstarch
- 50 ml (1/4 cup) water

Save some green by driving green

Car shopping.
Scotiabank aims to remove some of the financial sting when you purchase a clean vehicle

BEN KNIGHT
life@metronews.ca

By the numbers

16,167

Number of registered hybrid electric cars on the road in Canada in 2009.

Have you thought about switching to a more eco-friendly vehicle? ISTOCK

The arguments in favour of driving an eco-friendly car get stronger every day. But as soon as your heart is set on a hybrid, electric or clean-diesel vehicle, your wallet becomes concerned about financing.

The good news is that green vehicles are becoming more and more affordable, and now one of Canada's biggest banks has launched a new program to help you drive cleaner — for less.

"We found, through research and just talking to our customers, that there was real void out there in terms of our customers finding out how they could make greener choices, and at the same time save some money," says Kaz Flinn, vice-president of corporate social responsibility for Scotiabank.

The EcoLiving Auto Loan program was announced in late March. It offers a quarter of a percentage point off the bank's standard lowest fixed rate.

"It's one component of our larger Scotiabank EcoLiving program," Flinn explains.

"The program is based on a lot of residential issues — renovations and things like that. But where we noticed there's also a growing interest with customers was in making purchases of more efficient automobiles."

We're entering a time of year where the auto industry traditionally does good business. For an ever-increasing number of Canadian motorists, the time to decide whether to step away from a traditional gas-burning car is now.

"This is spring, and sales are picking up, and I certainly see that the number of sales of hybrids or electric cars is increasing," Flinn says. "And there is a growing increase in clean vehicles, and consumers need information to make financial choices."

The loans are available at the bank's partner dealerships across Canada, so your car and finance questions can be handled simultaneously.

"This is about Canadians making green choices that will save energy and save money," Flinn concludes.

"I think they are very in tune with fuel prices, and with the environment and wanting to contribute something. And if there are choices out there for them and opportunities are given to them to be able to make the green choice, then they're looking towards that. We want to help them — from a competitive-pricing point of view."

For more info. visit ecoliving.scotiabank.com.

Queen of Green

Toxic home cleaners

QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca

What's the difference between sodium lauryl sulfate (SLS) and sodium laureth sulfate (SLES)?
Jolene — Winnipeg

SLS and SLES play similar roles in home cleaners and cosmetics. You can often find both of these surfactants or foaming agents in dish soap, liquid laundry detergents, toilet-bowl cleaners, shampoos, bubble bath and facial cleaners.

SLS is a skin, eye and respiratory tract irritant that Environment Canada has also categorized as inherently toxic to aquatic organisms, flagging it for further assessment.

To make SLS less irritating, it is often ethoxylated (by adding ethylene oxide), resulting in the modified compound of SLES. But SLES is also a concern because it can be contaminated with 1,4-dioxane, which may cause cancer (according to the International Agency for Research on Cancer), and it stays in the environment for a long time. Contamination occurs during the process of ethoxylation.

Contamination can occur during the process of making both petrochemical-based cleaners and some plant-based ones. Adria Vasil, author of Ecoholic Home, notes that even some organic dish soaps contain troubling levels of 1,4-dioxane. The good news is that many brands — from Seventh Generation to Whole Foods' 365 to Ecover — either had only trace amounts or have reformulated their products.

Learn more about toxic ingredients to avoid in home cleaners, and how to choose safer options — join us for the last week of our Spring Breakup campaign at springbreakup.ca.

When you sign up, you'll be entered for a chance to win the grand prize: a $300 Rona gift certificate and a Queen of Green home makeover! Yes, I'll actually come to your home and help you green your life.

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Leap of faith leaves a big imprint on franchise owner

Copy that. Iain Scott encourages other entrepreneurs to be unafraid to take chances

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Iain Scott is an area developer and franchise owner for Instant Imprints in Winnipeg. PROVIDED

He arrived from Scotland in 1986 with experience in the printing industry and a flair for business.

Finally after working for someone else for 30 years, Iain Scott did what many of us long to do: he quit and started his own company.

Combining his printing experience with an established franchise, he opened his first UPS store in 2006 in Winnipeg.

The one-stop shop for small business owners with printing and photocopying needs was a hit and within three years, Scott's store was number one in the region.

"You have to be an optimist. We had two girls in private school and a mortgage but I firmly believed we had something and we could make a go of it."

Today, Iain has started a second franchise called Instant Imprints which will help business owners with branding and promotion.

"Being an entrepreneur gives you determination over your own future," he notes.

"At the end of the day, you're building equity and it will become an investment for your retirement."

Expert advice

Iain Scott's key tips for business success:

- Franchising helps build business success with a proven business model.
- Research the market and research it again. Prepare a business plan and have it reviewed by peers and professionals.
- Deliver on time every time. Make it happen!
- Check quality and never allow your product to leave unless it is perfect.
- Network. Let people know you are in business and promote your services.

High hopes

"You have to be an optimist. We had two girls in private school and a mortgage but I firmly believed we had something and we could make a go of it."
Iain Scott, business owner

Starting a career in 'can I get you anything else?'

Behind the degree. Mastering the art of going that extra mile for your clients

BRUCE WALSH
life@metronews.ca

Think you can provide better service? Consider hospitality studies. ISTOCK

In 2007, Konstantinos Bastas was managing his parents' diner on the Upper East Side of Manhattan, but found himself daydreaming of an alternative career.

"I knew restaurants weren't the route I wanted to take, but I always enjoyed interacting with people — making sure our clients were well taken care of. So the hospitality gene was always in me," says Bastas.

He initially considered applying for an MBA program, but then discovered the M.S. in Hospitality Industry Studies at NYU. Bastas completed his degree last year.

After a short stint at the Ritz Carlton Central Park, he founded his own luxury travel consultant business, Bastas Travel Consultants.

"A master's degree teaches you the practical stuff: hospitality formulas, marketing, revenue management.

But the most important thing for me in those two years is relationship-building — having professors who are industry leaders, and being around other students who are involved in the industry."

Born for the business

"I knew restaurants weren't the route I wanted to take, but I always enjoyed interacting with people — making sure our clients were well taken care of. So the hospitality gene was always in me."
Konstantinos Bastas

On the shelf

Achieve your wildly important goals using The 4 Disciplines of Execution

When you want something to change, you set a goal, whether it's personal or at the workplace. Maybe you want to lose some weight, get a promotion at work or set up a new initiative for your employees.

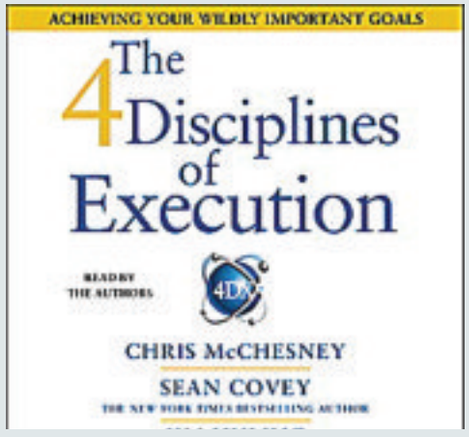
According to the book's three authors – Chris McChesney, Sean Covey and Jim Huling – their new The 4 Disciplines of Execution outlines a proven method to achieving your goals, whatever they may be.

The 4 Disciplines of Execution are: focus on the wildly important, act on lead measures, keep a compelling scoreboard and create a cadence of accountability. In other words, concentrate only on one or two big goals at a time, don't over-think it, ensure everyone is in the same boat, and communication is key.

The book is thick, dense and wordy. It is very thorough and well- researched.

If you are a business leader, entrepreneur or need motivation in your life, The 4 Disciplines of Execution is an invaluable resource.

DELIA MACPHERSON



MAINTAIN A HEALTHY BALANCE

REAL LINK EXISTS BETWEEN MENTAL, PHYSICAL HEALTH

GOODSHOOT/THINKSTOCK

FUSE/THINKSTOCK

Our physical and mental health are fundamentally linked. So why do so few people make the connection, whether they suffer from these problems themselves, or care for someone who does?

It has to do with the way our society deals with physical and mental health, says Peter Coleridge, national CEO of the Canadian Mental Health Association (CMHA).

"We tend to talk about our physical and mental health problems separately," he explains. "We rarely view them as linked, and our health services and funding are structured to support this view."

Many of the factors essential to good physical health may be impacted by poor mental health, and the opposite is also true. For example, quality of sleep, physical activity levels, access to healthy food, participation in social activities, and broader factors, such as employment and housing, all impact a person's overall health and well-being.

It is imperative that we deal more effectively with these risk factors. Studies show mental health problems cost $4.9 billion annually, due mostly to lost productivity and long-term disability claims. Another $1 billion is spent on hospital visits, doctors' fees, and medications. Improving awareness about the link between physical and mental health is one way to ensure these problems are discovered and treated before they grow severe.

"Many people with mental health problems have limited access to health services and are less likely to seek help due to stigma and discrimination," says Coleridge.

"We must understand there is no health without mental health — so that governments, policy-makers and service providers improve access to adequate supports and services for mental health and mental illness.

"This will maintain and improve our mental health and overall health and well-being, make it easier to detect and mitigate developing mental health problems, and support recovery from mental illness. It will also make it easier for people with mental health problems — and their caregivers — to build resilience and manage their overall health."

CMHA's Mental Health Week is May 7-13. This year's theme is "mental health for all" — a reminder that good mental health is achievable for everyone. To learn more, visit **mentalhealthweek.ca**.

I exercise alot.
Paul, 52, Manager
Hang out with my kids. They keep me balanced. Jyoti, 44, Teacher
I like being creative. It's my drug.
Zile, 67, Artist
I force myself to go out and stay social.
Behzad, 30, Grad Student

What do you do for your mental health?

Do more for yourself everyday. Because good health includes mental health. The Canadian Mental Health Association proudly kicks off its 61st annual Mental Health Week – May 7th to 13th. It's time to talk, reflect, engage and celebrate mental health for all. Find out more at www.MentalHealthWeek.ca

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Murray Whitby, VP of Medicine Shoppe Canada presents cheque to Peter Coleridge, National CEO of The Canadian Mental Health Association.

Embark on a summer adventure

Activity. Going away to camp allows children to learn through controlled risk

ASTRID VAN DEN BROEK
For Metro

Summer camps can help children learn everything from figuring out how to be more independent to mastering outdoor activities like camping or a new sport. ISTOCKPHOTO/THINKSTOCK

Overnight camps, and even day camps, can cost more than a few bucks. But then again, it's money well spent isn't it? What exactly does your child — and you as the parent — get out of the experience?

For children, the benefit of heading off to camp is clear, says Bronco Cathcart.

"At camp I see the value in safe but unstructured play," says Cathcart, the executive director of the Sasamat Outdoor Centre in Belcarra, B.C. "We provide a lot of activities for kids, but within the scope of that they're allowed to be adventurous and they're allowed to take some controlled risk. Most children in most home environments now, well risk is something parents fear rather than encourage. And kids really learn from that controlled risk."

That learning can be everything from figuring out how to be a more independent person to mastering a new sport such as archery or appreciating the environment given their natural surroundings.

"Children can be exposed to a broader range of skills, experiences, social time and activities than they are able to afford within the home environment," adds Michele George, interim executive director of the Edmonton-based Alberta Camping Association.

Children attending camp tend to be fitter and healthier as well and are more inclined to participate in physical activity, George adds.

What about parents? What do they get out of it, other than a weeklong breather from parenting?

"One of the biggest things for parents is that they learn to let go. While children can get homesick, it's the parents who are homesick for their kids. It's the parents that are having a difficult time breaking from the child or understanding that the child is ready for a break from them," says Cathcart.

"That's a big learning step for parents, sending their kids away for the first time."

"Time apart from their children can enhance the personal development of both parent and child," adds George. "And that can enhance the relationship in the longer term."

Talk to your child about the ABCs of camp life

If your little camper is anxious about sleep-away camp this summer, don't sweat it because that reaction is natural.

What you can do to calm fears is prepare your kids for their first overnight camp adventure by having a chat that covers the ABCs of camp life.

"Talk to your kids about what camp is," recommends Ruth Mills, a family camp director at the YMCA's Wanakita camp in Haliburton, Ont. "Get talking about what they're excited about and what they're nervous about and you'll work at identifying, and possibly sorting through, some of their worries."

Camps typically send out a schedule of daily activities, which parents should go over with their novice campers. This helps children understand what they are getting into and it sets up expectations that can ease fears before they leave home.

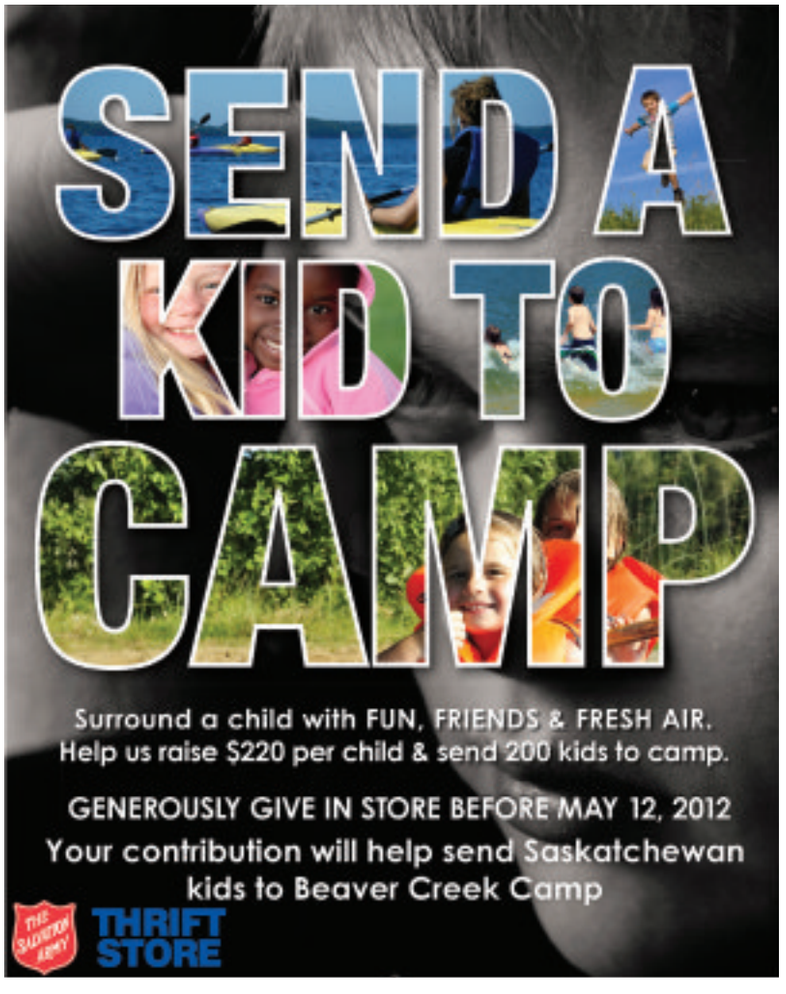
Mills suggests packing a journal or letter-writing material for your child, which serves as a symbolic link to home.

"It's important to be able to tell that story," Mills says. "It encourages kids to be aware of their experience at camp and helps them stay connected with home. It gets them thinking about sharing their story."

Some families actually hold camp-themed sleepovers in anticipation of their child's camp experience. Friends with sleeping bags in tow are invited to sleep in a tent, which is set up in the backyard. Parents and kids roast marshmallows, play games and try to replicate camping life to get their child acquainted with the unfamiliar.

If your little camper has never had a sleepover or been to one, the months leading up to their first time away might be a good time to initiate this childhood rite of passage.

Don't forget to pack things that will make camp seem more homelike, says Mills. Bring your pillow from home, which also helps kids sleep better. KELLY PUTTER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Home sickness. Ways to combat this away-from-home hurdle

ASTRID VAN DEN BROEK
For Metro

Parents should try to choose camps where children can take one or more friends so the kids won't get homesick. STOCKBYTE/THINKSTOCK

The first time your not-so-little-one-anymore heads off to an overnight camp, home sickness is a real worry for both parents and some children. Here are five ways to combat this away-from-home hurdle.

PUT ON A HAPPY FACE

And use equally positive phrases to set up this new experience for your child.

"So don't say things like, 'I'll really miss you when you're gone' or 'Things won't be the same without you here,'" suggests Bronco Cathcart, executive director of the Sasamat Outdoor Centre in Belcarra, B.C.

"Instead, use positive statements like, 'I'll really look forward to hearing about all your new adventures when you get home.'"

BUDDY UP

"Parents should pick camps where children can take along one or more friends," says Michele George, interim executive director of the Edmonton-based Alberta Camping Association.

"Our camps offer a discount for bringing friends."

PREP YOUR KIDS

Pre-loading the experience is vital, says George. "Parents should tell their kids what to expect when they get to camp," she says. Many camps offer information packages, so it's a good idea to sit down and read through the camp kit with your child.

KEEP THEM BUSY BEFORE THEY GO

"Once they're at camp, they are busy physically and mentally. And kids often get over being homesick quickly because of that," says Cathcart. "But if parents are encouraging that kind of activity as a lead-up to camp, then they're already starting to alleviate that homesickness."

LEND AN EAR

Listen to your children and hear them out about the concerns they might have over attending sleep-away camp — especially if they are camp newbies. "You have to take those concerns seriously, but don't build on them," suggests Cathcart. "Just reinforce to them that they're going to be in a place where they're well cared for and respected by the people that are there."

NFL

Seau's family re-thinking brain donation decision

San Diego Chargers chaplain Shawn Mitchell says Junior Seau's family is revisiting its decision to donate the former NFLers' brain for research into football-related injuries.

Mitchell said Sunday that the family, which is of Samoan descent, is consulting with a group of elders. He said it doesn't necessarily mean that the family won't donate Seau's brain.

"They really want to do everything right," Mitchell said.

The medical examiner's office said Friday it was awaiting a decision by the family on whether to turn over Seau's brain to unidentified outside researchers for study.

The 43-year-old Seau committed suicide Wednesday at his home in suburban Oceanside. He played parts of 20 seasons in the NFL, including 13 with the Chargers.

THE ASSOCIATED PRESS

Diving

Alexandre Despatie dives in Montreal on Sunday. GRAHAM HUGHES/THE CANADIAN PRESS

Canadians clean up at Canada Cup

Emilie Heymans of St-Lambert, Que., and Jennifer Abel of Laval, Que., won gold on the women's three-metre synchro on Sunday at the 2012 Tin Bo Travel Canada Cup in Montreal.

Alexandre Despatie of Laval added a silver in the individual three-metre and Roseline Filion of Laval was also second on women's 10-metre tower.

In the women's three-metre synchro, Heymans and Abel bounced back from a rough performance in last month's World Series competition, to place first with 323.40 points. Annabelle Smith and Sharleen Stratton of Australia were second at 318.60 and Li Kang and Li Sheng of China third at 299.91.

"It was a super performance for us," said Abel. "We really wanted to come back at this competition and win the gold medal in our hometown. It's a big boost for the confidence."

THE CANADIAN PRESS

Albert Pujols watches his first home run of the season leave Angels Park on Sunday. JEFF GROSS/GETTY IMAGES

MLB. Pujols ends streak of futility vs. Jays

Albert Pujols finally hit a home run for the Los Angeles Angels, ending the longest power drought of his career Sunday in a 4-3 win over the Toronto Blue Jays.

Pujols connected in the fifth inning for his first AL homer and his 446th overall.

The three-time NL MVP had gone 33 games and 139 at-bats dating to last year without a home run in the regular season. He had a three-homer game for the champion St. Louis Cardinals in the World Series and hit seven home runs in spring training.

Pujols drove a 2-2 pitch from right-hander Drew Hutchison into the left-field bullpen for a two-run shot. Mike Trout doubled ahead of the home run and right before the pitch, Hutchison and catcher J.P. Arencibia had a conference on the mound.

Sunday's game

Angels	Blue Jays
4	3

Pujols homered in his 28th game and 111th at-bat with the Angels, who signed him to a 10-year, $240-million US contract as a free agent in December and touched off a frenzy that resulted in more than 5,000 extra season tickets being sold.

The all-star slugger did not play in Saturday night's 6-2 victory after manager Mike Scioscia kept him out of the lineup for the first time.

Jerome Williams (3-1) was charged with three runs and eight hits in 6 2/3 innings.

Hutchison (1-1) gave up four runs and eight hits in 5 1/3 innings. THE ASSOCIATED PRESS

Kings sweep away Blues

NHL. Brown, Quick lead L.A. to conference finals for first time since Gretzky era

Game 4

Kings	Blues
3	1

Dustin Brown scored two goals, Jonathan Quick made 23 saves, and the eighth-seeded Los Angeles Kings finished an improbable four-game sweep of the St. Louis Blues with a 3-1 victory Sunday, advancing to the conference finals for just the second time in club history.

Rookie Jordan Nolan scored an early goal for the Kings, the first No. 8 seed in NHL history to eliminate their conference's top two seeds in the same postseason.

After steamrolling top-seeded Vancouver and second-seeded St. Louis with eight wins in nine games, the Kings will face the winner of Phoenix's series with Nashville.

Los Angeles won despite its weakest effort of the post-season, clinging to a 2-1 first-period lead through 40 minutes. The Kings didn't adapt well to an early start time, yet Quick made a handful of stellar saves before Brown scored his sixth of the playoffs into an empty net with 25.8 seconds left.

"It's a special group, and we knew that all along this season," said Anze Kopitar, who had assists on both of Brown's goals and tackled the Los Angeles captain after his empty-netter.

"Maybe we didn't break out when we would have liked to, but I think we've peaked at the right time, and that's the most important thing."

The Kings made their only previous trip to the conference finals in 1993, when Wayne Gretzky and Luc Robitaille propelled L.A. past Toronto and into their only Stanley Cup final, where they lost to Montreal. The Kings won just one playoff series in the ensuing 17 seasons before routing the Presidents' Trophy-winning Canucks in five first-round games last month.

THE ASSOCIATED PRESS

Kings netminder Jonathan Quick celebrates the Kings' sweep of the Blues on Sunday in Los Angeles. HARRY HOW/GETTY IMAGES

NBA. Anthony's 41 burn Heat in must-win Game 4

Carmelo Anthony shoots over Miami's Shane Battier on Sunday in New York. FRANK FRANKLIN II/THE ASSOCIATED PRESS

Amare Stoudemire raised his hands in the air, one covered in padding, as streamers fell from the ceiling above him.

Finally, New York could celebrate an NBA playoff win again.

Carmelo Anthony scored 41 points, Stoudemire had 20 points and 10 rebounds in his return from a cut hand, and the Knicks snapped an NBA-record, 13-game post-season losing streak by beating the Miami Heat 89-87 Sunday in Game 4 of their first-round series.

"I think it's the first of many," said Stoudemire, his left arm back in a sling to keep his hand elevated. "Tonight was a great win for us, for our fans to finally get over that hump of those consecutive games that we lost, I guess the Knicks, lost over those years in the playoffs."

Anthony made a tiebreaking three-pointer with 54.5 seconds left as the Knicks overcame another injury to win a playoff game for the first time since beating Toronto on April 29, 2001. Baron Davis dislocated his right kneecap in the third quarter, just as the Knicks were making the run that got them back into the game.

"I'm just glad that we came together after that, kept our composure, kept on fighting," Anthony said.

LeBron James scored 27 for the Heat, who will try to close it out in Game 5 at home on Wednesday. Dwyane Wade had 22, but missed a 3-pointer on the last possession that would have given Miami a lengthy rest before starting the second round.

THE ASSOCIATED PRESS

Game 4

Knicks	Heat
89	87

4 SPORTS

MLB

Red Sox's losing ways continue with 17-inning loss to O's

The Boston Red Sox ran out of pitchers and options, then finally luck. The Baltimore Orioles completed a three-game sweep at Boston with a 9-6 win in 17 innings Sunday, an afternoon game that stretched well into the evening. In the first major-league game since 1925 in which both teams put a position player on the mound, Baltimore designated hitter Chris Davis overcame an awful day at the plate by pitching two scoreless innings and getting the win over Darnell McDonald, an outfielder Boston called upon once the Red Sox bullpen was also depleted. THE ASSOCIATED PRESS

On the web

Quarterback Andrew Luck has been busy studying the Indianapolis Colts' playbook since being taken No. 1 in the NFL draft. But the Stanford student still has his head buried in textbooks as he completes this semester's classes before fully dedicating himself to his career. Scan the code for the story.

NBA. 76ers run injury-stricken Bulls to the cliff's edge

His coach called Jrue Holiday's slump "0 for the world."

Even as the misses piled up, Holiday never felt the weight of it on his 21-year-old shoulders. All he could do in a thorny Game 4 was laugh about his struggles with teammate Evan Turner.

"You've got to be happy when you play," Holiday said. "It really helps."

Boy, did it help Philadelphia in the final minutes against Chicago. Holiday busted out of a game-long slump with consecutive 3-pointers that stretched a one-point lead into seven and helped the 76ers beat the Chicago Bulls 89-82 on Sunday and take a 3-1 lead in their Eastern Conference playoff series.

"Don't fear the consequences," 76ers coach Doug Collins said.

It's the top-seeded Bulls who suddenly fear elimination.

Spencer Hawes scored 22 points and Holiday had 20 to put the Sixers one win away from joining the short list of eighth-seeded teams that have won a series against a No. 1 seed.

Andre Iguodala had 14 points and 12 rebounds for the Sixers, who have won the last three games after losing in Game 1.

Game 5 is Tuesday in Chicago.

The short-handed Bulls played without Derrick Rose (torn ACL) and Joakim Noah (sprained ankle). Rose is out for the season and Noah is day to day for the rest of the series.

"I'm not worried about it," Bulls coach Tom Thibodeau said. "I'm just worried about the next game. We do have more than enough to win with."

The Sixers won three straight playoff games for the first time since Allen Iverson fueled their run to the 2001 NBA finals. THE ASSOCIATED PRESS

Rare feat within reach

In NBA post-season history, the eighth seed has won a first-round series against the No. 1 seed four times, including last season when Memphis eliminated San Antonio. Golden State (2007), New York (1999) and Denver (1994) also pulled off the rare feat.

Devils put Flyers on ropes

NHL. Martin Brodeur enjoys 40th birthday with third-straight win

Game 4

Devils	Flyers
4	2

The New Jersey Devils are looking as good with a 40-year-old Martin Brodeur in goal as they did when he was a kid.

Dainius Zubrus scored two goals and the Devils helped Brodeur celebrate a major birthday, overcoming a two-goal deficit and pushing the Philadelphia Flyers to the brink of elimination with a 4-2 victory Sunday night in Game 4 of the Eastern Conference semifinal.

"You kind of shake your head a little bit that you're at a level that you're having fun and be able to compete in the league that you always wanted to play and still be able to keep going," Brodeur said after the Devils moved within a win of their first conference final since 2003.

"I know I don't take anything for granted," the three-time Stanley Cup winner said. "I really appreciate every moment. Especially this year has been awesome for me. Getting older, seeing other kids grow up and do their thing and become superstars."

The Devils have made the Flyers look ordinary, and Philadelphia has more to worry about than its 3-1 series deficit.

Leading scorer Claude Giroux put a questionable hit on Zubrus minutes after the New Jersey forward scored the go-ahead goal late in the second period. Giroux's status for Game 5 might be in question.

"For me, it looks like the textbook hit that they're trying to take out of the game," Devils coach Peter DeBoer said.

Zubrus, who lay on the ice for a couple of seconds while Giroux went to the penalty box for two minutes, said it's up to the NHL to look at the play.

Giroux seemingly wasn't worried.

"It was quick play. And hockey is a quick game. I think I should be fine," Giroux said.

Devils goalie Martin Brodeur makes a save as teammate Alexei Ponikarovsky collides with Philadelphia's James van Riemsdyk on Sunday in Newark, N.J. JULIO CORTEZ/THE ASSOCIATED PRESS

Whether the Flyers will be remains to be seen. New Jersey is simply outplaying them, something few expected after Philadelphia knocked out Pittsburgh in the first round.

Devils captain Zach Parise says this team won't be too cocky.

"It's a very good team over there and we've got to get that fourth one." THE ASSOCIATED PRESS

IIHF. Players audition for Olympics at world championship

Mike Babcock at Team Canada Olympic Orientation Camp in 2009 in Calgary. GETTY IMAGES FILE

One face stood out among the crowd.

As the Canadian team was put through its paces at practice on Sunday afternoon, Mike Babcock carefully charted everything happening on the ice. With his Detroit Red Wings making an early exit from the NHL playoffs, Babcock decided to travel to the IIHF world hockey championship.

It raised the obvious question: Is he in line to reprise his role as Olympic coach in 2014?

"I wouldn't read too much into that," said Babcock.

He's already publicly stated an interest in the job back in March.

Dealing with defeat

The Canadian team seemed to be in good spirits a day after losing 5-4 in overtime to the United States in its second round-robin game.

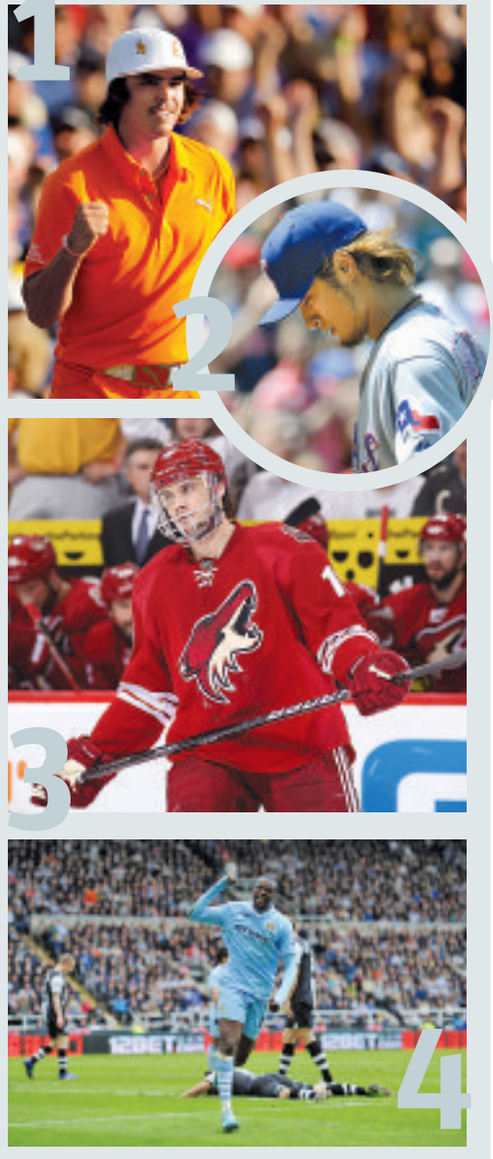
The Sochi Games are on the minds of many at this world championship as players are looking to make a strong impression on the influential onlookers such as Babcock and Kevin Lowe, the Canadian general manager.

"That's a big reason why a lot of us are here," said forward Jordan Eberle. "You want to get that opportunity to play and you know this is a showcase. A big part of this tournament is for (Olympic) placings.

"You want to give yourself the best opportunity to win a gold medal (in Sochi) and it all starts with winning a gold medal here."

Babcock is familiar with the challenge currently facing the Canadian team, which is under heavy pressure to come together as players slide in and out of the lineup. He's the only coach ever to guide a team to a world junior title, world championship gold, Olympic gold and the Stanley Cup. THE CANADIAN PRESS

Sports in pictures



1 2 3 4

1 Golf. Young Fowler fares well at Quail Hollow

Rickie Fowler, billed as one of the rising American stars, delivered a clutch shot on the 18th hole in a playoff for a four-foot birdie to beat U.S. Open champion Rory McIlroy and D.A. Points on Sunday in the Wells Fargo Championship. THE ASSOCIATED PRESS

2 MLB. Darvish suffers first defeat to Cleveland

Ubaldo Jimenez pitched seven scoreless innings and the Cleveland Indians handed Yu Darvish his first major-league loss in a 4-2 victory over the Texas Rangers on Sunday. THE ASSOCIATED PRESS

3 NHL. Coyotes' Klesla suspended for Game 5 vs. Predators

Phoenix Coyotes defenceman Rostislav Klesla was suspended for one game by the NHL on Sunday for boarding Nashville Predators forward Matt Halischuk on Friday night. THE ASSOCIATED PRESS

4 Soccer. Touré moves City closer to Premier League title

Yaya Touré scored twice Sunday to give Manchester City a 2-0 win at Newcastle that makes his side the firm favourite to win the English Premier League title. THE ASSOCIATED PRESS

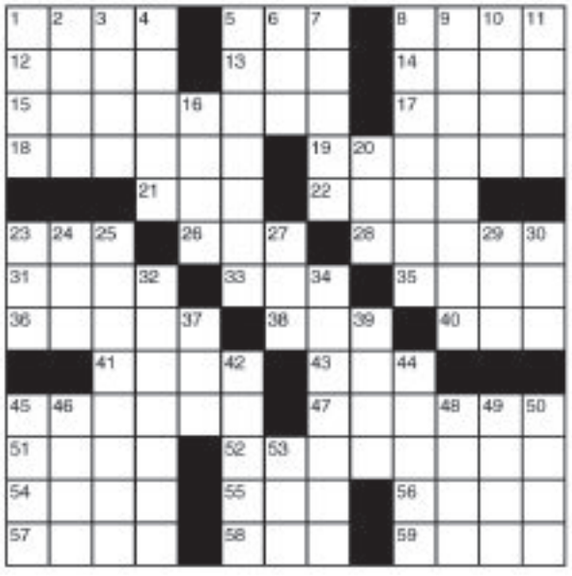
Crossword

Across

1 One of the Three Bears
5 Humor
8 Ardor
12 Oscar-night clashers
13 Expert
14 "That hurts!"
15 Great elation
17 Soft cheese
18 Usher elsewhere
19 Soloist's elegy
21 To the — degree
22 Trade
23 Rushmore face
26 Scale member
28 Feudal figure
31 Praise to the heavens
33 "Golly!"
35 Ms. Turner
36 Went wan
38 Mischievous tyke
40 Enthusiast
41 Newspaper page
43 "Wham!"
45 "Scat!"
47 Canine coating
51 Cow-headed goddess
52 Mrs. Orpheus
54 "The Producers" chorus member
55 In favor of
56 Messes up
57 Air from a pair
58 Round Table address
59 — ex machina

Down

1 Juror, in theory
2 Chills and fever
3 Band in Boston
4 Hardly ruddy
5 Tusked African beast
6 Here (Fr.)
7 Lions and Tigers and Bears
8 Sole stud
9 Portuguese, e.g.
10 Low-pH
11 Yon folks
16 Feedbag fill
20 He gives a hoot
23 Jungfrau, for one
24 Sheepish remark
25 Extol
27 Mainlander's memento
29 Wildebeest
30 Cause corrosion
32 Passbook plus
34 Napoleon or Nero
37 Lair
39 Small horse
42 Ocean nadirs
44 Tested the waters
45 Tie
46 Jacob's twin
48 Muck
49 Beige
50 Not so much
53 Spoon-bender Geller



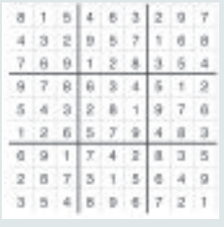
Sudoku

3	9						1	4
		7	6			3		
1			5		4			
4				8		9	7	
				2				
	5	3		9				6
			1		7			3
		1			2	6		
7	6						8	2

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku



Friday's Crossword

Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

BEWN PXRO FUOEN PXFLCXKT PURO BEUQL JLFXKLQURO WVWJNFLRN BWQQP?

"OXXKCTL, XQK VWURN."

Yesterday's Cryptoquip: WHEN TWO BIG BOVINES PUT ON GLOVES AND START SPARRING, WOULD PEOPLE SAY THEY'RE BOXIN' OXEN?

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

♈ Aries | March 21 - April 20. You are closer to completing some kind of creative endeavor than you realize, so don't give up on it now.

♉ Taurus | April 21 - May 21. With Mars, planet of energy and ambition, transiting one of the best areas of your solar chart success of some sort is guaranteed.

♊ Gemini | May 22 - June 20. This is no time to be cautious, especially when dealing with work and career issues.

♋ Cancer | June 21 - July 22. If you expect others to play by the book then you must play by the book as well.

♌ Leo | July 23 - Aug. 22. Be a little more daring over the next few days. Take the kind of risks that other people say you should not.

♍ Virgo | Aug. 23 - Sept. 22. Yes, of course, there are lessons to be learned from going over old mistakes, but don't beat yourself up about them.

♎ Libra | Sept. 23 - Oct. 22. If you have confidence in your abilities and are willing to take a few risks you will do something extraordinary this coming week.

♏ Scorpio | Oct. 23 - Nov. 21. Be bold, be brave and, above all, believe in yourself.

♐ Sagittarius | Nov. 22 - Dec. 21. You can either meet a challenge head-on or you can hide yourself away until it has gone.

♑ Capricorn | Dec. 22 - Jan 20. You have set your sights high and won't rest until you have got your hands on the prize.

♒ Aquarius | Jan. 21 - Feb 18. Keep certain thoughts to yourself today, because colleagues are unlikely to be happy if you are critical of them.

♓ Pisces | Feb. 19 - March 20. You will face a certain amount of criticism today but don't let that stop you from doing what you know to be right. Other people's comments are based not on facts but on envy — and with good reason.

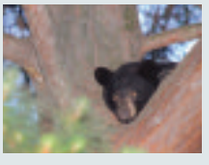
SALLY BROMPTON

Caption Contest

"Still got that monkey on your back?"
Jeffrey

MARTIN MEISSNER/THE ASSOCIATED PRESS

Win!



You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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HIGHWAY 7.4L/100 KM 38 MPG▼

2012 TUCSON

Stylish cross-over utility vehicle

Limited model shown

2012 SANTA FE

Powerful & efficient – the true definition of a cross-over

INCLUDES $5,764 FACTORY TO DEALER CREDIT‡

HIGHWAY 7.7L/100 KM 37 MPG▼

WAS ~~$25,759~~ NOW $19,995♦ and SAVE 40¢/L UNTIL 2013◊

SANTA FE GL 2.4L 6-SPEED MANUAL. DELIVERY & DESTINATION INCLUDED.

Limited model shown

5 YEAR WARRANTY 100,000 KM COMPREHENSIVE LIMITED WARRANTY◊

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HyundaiCanada.com

Saskatoon Hyundai
2035 Idylwyld Dr. N.
Saskatoon, 306-664-6767
or 1-877-664-6767

"The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2012 Accent 5 Dr. L 6-speed Manual/2012 Elantra Touring GL 5-Speed Manual/ 2012 Sonata GL 6-speed Manual/Tucson L 5-Speed Manual with an annual finance rate of 0.9%/0%/0%/0.9% for 84/96/84/84 months. Bi-weekly payment is $86/$95/$134/$124. No down payment is required. Cost of Borrowing is $483/$0/$0/$701. Finance offers include Delivery and Destination of $1,495/$1,495/$1,565/$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. Financing example: 2012 Sonata GL 6-speed Manual for $24,264 at 0% per annum equals $134 bi-weekly for 84 months for a total obligation of $24,264. Cash price is $24,264. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,565. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ♦Prices for models shown: 2012 Accent 5 Dr. GLS Manual/2012 Elantra Touring GLS Manual/2012 Sonata Limited/2012 Tucson Limited AWD/2012 Santa Fe Limited 3.5 AWD is $18,694/$22,144/$31,464/$34,109/$27,559. Delivery and Destination charges of $1,495/$1,495/$1,565/$1,760/$1,760 are included. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ▼Fuel consumption for 2012 Accent L 5Dr 6-Speed HWY 4.9L/100KM. City 6.7L/100KM/2012 Elantra Touring GL 5-Speed ManualHWY 6.4L/100KM. City 8.9L/100KM//2012 Sonata GL 6-Speed HWY 5.7L/100KM. City 8.7L/100KM/2012 Tucson L 5-Speed HWY 7.4L/100KM. City 10.1L/100KM//2012 Santa Fe GL 2.4L 6-Speed Manual FWD HWY 7.7L/100KM. City 11.0L/100KM are based on Energuide. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ‡Purchase or lease a new 2012 Santa Fe GL 2.4L 6 speed manual and you will be entitled to a $5,764 factory to dealer credit. Factory to dealer credit applies before taxes. Offer cannot be combined or used in conjunction with any other available credits. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ‡Purchase or lease a 2012 Accent/2012 Elantra Touring/2012 Sonata/2012 Tucson/2012 Santa Fe during the Double Savings Event and you will receive a Preferred Price Petro-Canada Gas Card worth $250 (2012 Accent/2012 Elantra Touring/2012 Sonata/2012 Tucson/2012 Santa Fe 2.4L) or $500 (2012 Sonata/2012 Elantra Touring with 2.0T engine/2012 Tucson Limited/2012 Santa Fe Limited 3.5 AWD). Offer valid from April 2, 2012 to May 31, 2012 (the "Offer Period") to eligible customers who purchase or lease a new 2012 Accent/2012 Elantra Touring/2012 Sonata/2012 Tucson/2012 Santa Fe during the Offer Period. Offer is available while quantities last. Dealer may sell for less. Inventory is limited, dealer order may be required. ▲Based on Natural Resource Canada's 2012 ecoEnergy award for most fuel efficient full-size car. ◊2012 Elantra Touring 7 year/120,000 km warranty consists of 5 year/100,000km Comprehensive Limited Warranty and an additional 2 year/20,000km coverage under the Hyundai Protection Plan. Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions. Additional coverage is in accordance to the terms and conditions of the Hyundai Protection Plan. Please contact your local dealer for all details.